



# The InnerFaith Light

A New Thought Community

Dr. Sharron Stroud Co-Founder

September/October 2007

## The Principles of Successful Living



Dear Spiritual Partner,

We've come through the summer with a sense of self and the opportunity to renew, relax, and rejoice! Our experience is that our daily life is our temple and our religion and everything we touch shows up as part of us. Summer can be a magical time of ease and grace. A time to reflect, to ponder, and to contemplate the beauty of just being alive!

As we move into the fall of the year there is a certain sense of honing in on the energy that serves to thrust us forward into our plans, goals, dreams, and destiny.

It is a time of intention and decision making for many of us.

Science of Mastery classes will begin and the opportunity to expand and grow in new ways of being in the world but not of it will appear. Having Spiritual Tools to learn to be more peaceful, centered, healthy, and abundant allows a sense of aliveness that creates fulfillment. I truly love our way of life and I could not get enough of the classes! I took every course that was offered until there was nothing left but the ministerial training! I took the ministerial training to learn and to grow without much thought of what I was going to do with it. When the opportunity to start the Santa Clarita Church arose I moved forward. Life is a natural evolution if we will trust the process.

As we honor our own spiritual evolution we will keep moving on the Upward Spiral of Life! Supposing we were discussing the art of weaving which might be developed. Suppose



people were at a stage that they could only tie knots in string, which gave them pleasure and might be regarded as a foretaste of weaving. If people only imitated the knotting phase, and in addition regarded the knotting as the entire art – when would weaving itself come into being, no matter how much pleasure there was attached to it? Certainly, knotting would have a value as such: but it would also constitute a barrier to going further if the idea of anything further were 'abolished' by people thinking that knots were as far as anyone could go in textile work.

There are two points worth noting here.

The first is that "pleasure" certainly is not to be opposed, but there are many sources of pleasure, and to seek pleasure as a part of something more specific leads to a sense of less rather than more.

The second point is that if you get obsessed by the early stages of something, imagining it to be the whole, you will not evolve or unfold further.

We are told in The Prophet, that "Life goes not backward, nor tarries with yesterday; life is the forward motion of the soul."

Each life is a beautiful tapestry woven with love and shared in joy. The dark threads provide a contrast to the weaving itself so the images can be seen and felt. I salute the beautiful being that is you! We shall go higher yet!

Namast'e and Love,

Dr. Sharron Stroud

# THE SPIRIT, MIND, & BODY CONNECTION

SPA RESORT HOTEL

Every Wednesday at 7:00 p.m. Tahquitz Room  
(Off the main lobby at the Encilia and Tahquitz Canyon entrance)



WELL SPIRIT FITNESS CENTER

## September

5th—

There will be No Wednesday Night Live Service in Honor of Labor Day Week.

**12—Brent Phillips – *Theta Healing***

Theta Healing is a holistic healing technique of directly addressing the subconscious mind to fix the subconscious “bugs” in ourselves, allowing for miraculous instant healings and profound life changes. Whether you seek to transform your health, your finances, your relationships, or your spirituality, Theta is a surprisingly fast and easy way to make permanent, lasting, and effective changes in your life. Brent Phillips was a successful MIT-trained engineer who experienced a miracle and holistic change when his arm (immobile and frozen at the elbow after a surgery) healed in an instant after a single session of the holistic technique Theta Healing! He was so transformed by this experience that he gave up his career in technology to dedicate all of his science and engineering talent and experience to mastering instant healing and personal holistic transformation.

**19—Isaiah Landers and Elena Chvany – *Being Imagined***

Isaiah and Elena will share their mastery of initiating people into the realm of soul communion and liberation from self-limitation. They both bring extensive main-stream experience. Both are ordained ministers and have done extensive work as counselors. Isaiah was in marketing and sales, and has 30 years of child and family counseling. Elena has worked with diverse people in varied circumstances, done nonprofit fund raising, free lance writing and consulting in organizational development.

**26—Rev. Trent Blanchard – *The Vacuum Law of Prosperity***

Rev. Trent will show you how to put your best foot forward to create greater prosperity in your life! Let go of the lesser, to create a vacuum and make room for your higher good! Releasing is magnetic. Use the substance at hand and look up toward prosperity!

## October

**3rd—Dr. Sam Satkin – *The Prosperity Law of Command***

Affirmations fascinate and inspire. Dr. Sam will discuss how affirmations are a form of command and how you command through words. You make your world with words, affirm your health, and command your good to appear. Affirmations are helpful to your work and produce satisfying results. They can solve your problems and work wonders!

**10—Rev. Arline Hoover – *The Imagining Law of Prosperity***

Rev. Arline will discuss how to Image your true desires. History proves the power of imagining. Success is mentally created first, so persist in picturing success. You can create a master plan with a wheel of fortune. Make a notebook of your desires, image in detail. Image success in family issues and financial affairs, travel, beauty, and well-being.

**17—Marsh Engle – *The Six Essentials of Prosperity***

Imagine! In this moment a limitless life of prosperity is available to you - one that's flourishing with new opportunities, fresh possibilities, joyful encounters! Join Marsh Engle to learn the six essentials for discovering your own Divine Destiny. Gain clarity about next steps to take, best choices to make, and ways to grow and expand your whole life success! Marsh Engle has spent nearly a decade investigating the connection between creativity, intuition and vibrancy. Well-known for her uncanny ability to uncover hidden talents, undervalued attributes and overlooked opportunities - Marsh has guided hundreds of authors, entertainers, entrepreneurs, coaches and more into the heart of their real creative brilliance.

**24—Dr. Sharron Stroud – *Pray and Grow Rich***

When you pray, you stir into action an atomic force. You release a potent spiritual vibration that can be released in no other way. Through prayer you unleash and loose a God energy within and around you that gets busy working for you and through you, producing right attitudes, reactions and results. It is your prayers that recognize and release that God power. You may not feel the force of prayer because it operates at a higher vibration than that ordinarily felt by humanity. In fact, prayer releases an energy that is usually too fine to be recorded physically. Nevertheless, as you pray you expand mentally and spiritually so as to become big enough in consciousness to receive a larger flow of the divine energy generated through prayer. Prayer is not only asking and communing. Prayer is also receiving.

**31—Pamela Chilton, C. Ht. – *“Come as You Were In A Past Life Time”***

Halloween Costume Party and See How You Can Discover For Yourself Who You Were In Every Life Time You Have Lived. – Pamela, a metaphysical teacher, healer, medium, and author, will do a live demonstration on how to discover your past life times. Join in the fun by dressing in costume as you were in a past life time! Halloween refreshments will be served.

# PRAYER POWER

When I realized that it was time to write another article for the Newsletter, I began to panic knowing that a lot of things were going to be happening in my life in the next week or so and that these things would require my concentration and all my energy. I knew the theme of the Newsletter was the Principles of Successful Living, and I tried to envision a way of expanding on those principles as they related to me before I became aware of our way of life in the Science of Mind, New Thought, and InnerFaith Ministries Worldwide. So I meditated in silence and asked our Mother Father God to help me and the still small voice of God within said: "What about the channeled information that came through and resulted in what you called the Book of Imhotep? Remember, the one about loving, and giving, and initiation and receiving?" I wasn't sure how appropriate any of that information would be coming from the Director of the Prayer ministry, but I heard the message and pulled the book off the shelf where it has sat waiting all these years to speak again. What follows, is very clear as were all the messages channeled in the book. For years and even now these words continue to be a blueprint for me for "successful living." So hear it is and I hope it will speak to you the way it spoke to me when first I experienced it as channeled energy.



*YOURSELF WHAT YOU NEED FOR YOU ARE WORTHY AND DO IT WITH LOVE AND COMPASSION FOR THE PERFECT BEING YOU ARE. DO NOT BE HARD ON YOURSELF AND NO MATTER HOW DAUNTING IT IS TO DO THIS FOR YOURSELF, PERSEVERE WITH PATIENCE. KNOW THAT ONLY YOU CAN NOURISH YOUR TRUE SELF WITH THE NOURISHMENT IT NEEDS. YOU AT ONE WITH GOD IS ALL THERE IS.*

*WHO YOU ARE, AND THE WHO YOU CHOOSE TO PROJECT INTO THE WORLD ARE SELDOM THE SAME. YOU OFTEN PROJECT A SELF YOU ARE CREATING AS YOU GO ALONG, AND YOU DO THIS OUT OF FEAR OF REJECTION AND ABANDONMENT. BY PROJECTING INTO THE WORLD SOMEONE OTHER THAN WHO YOU KNOW YOURSELF TO BE, YOU ARE DENYING YOUR OWN PERFECTION AS A PURE AND PERFECT BEING CREATED BY A PURE AND PERFECT CREATOR INCAPABLE OF IMPERFECTION. INDEED WHEN YOU DENY YOURSELF YOU ARE DENYING THE PERFECTION OF YOUR CREATOR. AND MORE THAN THAT DENYING THE PERFECTION OF EVERYTHING ELSE THAT EXISTS IN CREATION.*

*REMEMBER, THAT LIFE IS A SERIES OF INITIATIONS. YOU ARE THE INITIATE AND INITIATOR. AT THE SAME TIME. YOU DO WHAT IS NECESSARY AND RIGHT FOR YOU TO DO IN ORDER TO EXPERIENCE THE INITIATIONS WHICH ARE NECESSARY FOR YOUR SPIRITUAL GROWTH. EACH INITIATION IS THE NEXT STAGE IN YOUR BECOMING ONE WITH GOD. KNOW THAT WHILE ANXIETY AND FRUSTRATION, FEAR AND SORROW ARE ALWAYS PRESENT IN THE PROCESS OF INITIATION, AND OFTEN SEEM OVERWHELMING, THEY ARE MERELY THE AGENTS OF CHANGE NECESSARY FOR YOU IN THE TIME AND PLACE YOU ARE AT*

*Continued on page 4...*

*LISTEN TO THE VOICE OF GOD WITHIN. IT IS YOUR BEST AND ONLY PROTECTION AGAINST NEGATIVITY AND FEAR WHICH BREEDS ILL HEALTH AND DISEASE, DISHARMONY AND DISCORD. YOUR INNER VOICE IS THE KNOWER AND IT IS NEVER WRONG UNLESS YOU GIVE IT YOUR EGO'S OWN THOUGHTS TO SPEAK.*

*TO KNOW LOVE AND GIVE LOVE AND RECEIVE LOVE, NURTURE YOUR SELF FIRST AND FOREMOST. HAVE COMPASSION ON YOURSELF, FIRST AND FOREMOST GIVE*

Prayer Power continued:

**THE MOMENT YOU ARE FEELING THEM.**

**YOU HAVE EVERYTHING NECESSARY, THE TOOLS, THE POWER, THE INNATE ABILITY, YOU NEED TO GET THROUGH EACH PHASE OF YOUR PROCESS OF BECOMING ONE WITH GOD. YOU SIMPLY NEED TO BECOME ADEPT AT CHANNELING THAT GOD ENERGY WITHIN YOURSELF AND NOT ALLOW YOUR EMOTIONS, FEARS, DOUBTS, FALSE JUDGEMENT AND THE QUESTIONING OF YOUR EGO TO BLOCK THE FLOW OF ENERGY AS IT RISES FROM THE SOLES OF YOUR FEET THROUGH EACH OF THE RAINBOW COLORS OF YOUR SEVEN CHAKRAS.**

**KNOW THAT WHAT YOU OFTEN PERCEIVE TO REPRESENT COMFORT AND SECURITY IS NOT REAL COMFORT AND SECURITY. SOMETIMES YOU MUST REMOVE YOURSELF FROM THOSE THINGS IN ORDER TO PUT THEM IN PERSPECTIVE. AS YOU MOVE AWAY FROM THEM YOU WILL SEE THEM FOR WHAT THEY REALLY ARE. RID YOURSELF OF THEM IF INDEED THEY DO NOT BRING YOU REAL COMFORT AND SECURITY BECAUSE IN TRUTH THEY NO LONGER SERVE YOU. OFTENTIMES SPIRITUAL GROWTH CANNOT OCCUR WITHOUT SACRIFICING THAT WHICH YOU HAVE OUT GROWN IN ORDER TO FIND THAT WHICH YOU HAVE GROWN INTO.**

**DO WHAT IS MOST PRACTICAL FOR YOU IN ORDER TO ACHIEVE YOUR GROWTH. THE MOST PRACTICAL WAY IS THE ONLY WAY. THE EARTH AND ALL THINGS OF THE EARTH, PROVIDES THE ENERGY. YOU PROVIDE THE MEANS FOR THE EXCHANGE OF THAT ENERGY WITH THE EARTH. ACKNOWLEDGE IT, CHANNEL IT AND YOU WILL KNOW THE MOST PRACTICAL ACTION FOR YOU TO TAKE IN YOUR SPIRITUAL GROWTH. OBSERVE THE CYCLES AND THE RHYTHMS IN NATURE, IN THE SEASONS, THE ANIMALS, TREES AND PLANTS, THE ROCKS AND WATERS, AND EMULATE THEM.**

**BY HEALING THE "SELF" YOU WILL BE CLOSER TO THE CREATOR AND CLOSER TO ALL OTHERS WHOM YOU CHOOSE TO BRING INTO YOUR LIFE. A HEALED SELF IS A WHOLE SELF. A WOUNDED SELF IS BROKEN AND**

**OFTEN LOOKS TO OTHERS AS BROKEN AS THEMSELVES TO MEND THE BROKENNESS. ONLY YOU CAN MEND THE BROKEN SELF BY FINDING THE PIECES WITHIN YOUR OWN BEING AND THEN TO USE THE GOD WITHIN YOU TO RECREATE THE BROKEN PARTS AND MAKE THEM WHOLE AGAIN.**

**CONNECT WITH SPIRIT IN ANY WAY THAT IS COMFORTABLE AND FAMILIAR FOR YOU TO DO AND IN ANY WAY IN WHICH YOU HAVE LEARNED TO DO IT. FOR IT IS IN CONNECTION WITH SPIRIT THAT WE BECOME ONE WITH GOD, IN HARMONY WITH ALL THINGS IN THE UNIVERSE AND KNOW OURSELVES AS THE PERFECT CREATIONS WE ARE AND HAVE BEEN SINCE PROCEEDED FULLY FORMED FROM THE HAND OF GOD.**

**(CHANNELED BY ED DINICOLA IN THE BOOK OF IMHOTEP, 1987-1990)**

**Sirius Rising**

**Ed DiNicola**  
Spiritual Counselor  
Palm Springs, CA 92264

**Home: (760) 325-7926**  
**Cell: (760) 567-5862**  
**efdinicola@dc.rr.com**

*Aligning spirit with consciousness*

# LETTERS

Hi My Dear Rose of Sharron:

May your birthday bless you once more and may a thousand good words come to you from near and far. May the good that you have done, return to you one thousand fold.

I know in my heart of hearts that God has sent you to this lifetime to awaken others and what a blessing you have been to us all. You are timeless, ageless, deathless!

Please know that you have my love forever and ever.

Your Sister of the Rose,  
Rev. Betty Richards Macurda  
Assistant Minister to Dr. Sharron Stroud for 15 years  
Center for the Celebration of Life, San Diego, CA

Hi Dr. Sharron:

During your wonderful message today the story of the bully reminded me of Ronnie Woody. Ronnie was a bully in my childhood neighborhood and I was one of his targets. In a conversation with my mother I explained to her that Ronnie Woody was mean to me and that I was afraid of him. My mothers reply was, "Honey, Ronnie had a very hard life. Be nice to him, the way you would like him to be nice to you." I couldn't understand why my always sweet and understanding mother would say such a thing. A few minutes later she said, "Now remember, be nice to Ronnie." Being the obedient son I decided that it was in my best interest to be nice to Ronnie regardless of what happened. I'm sure you know the result. Yes, Ronnie and I became friends.

I later in life learned that Ronnie's father was physically abusive to him, that he beat Ronnie on a regular basis. As I am writing this my stomach is churning because I still to this day can not understand why

That happened to Ronnie, a truly nice boy, why a parent would treat a child so horribly. God bumps are running through my body right now. Anyway, your bully message brought back to memory of a friend whom I've not seen in many years. I know God is with Ronnie and has protected him throughout his life.

Thank you Dr.. Sharron for your beautiful and meaningful message each Sunday. Today was no exception.

Love and Light,  
Carl

Dr. Sharron,

I want to thank you so much for Verlaine Crawford's book Ending the Battle Within. When I was setting up the lobby I noticed in the boxes a couple of copies of this book that I had not seen before. As I was setting them out I noted to myself that it was something I needed to read. That thought was confirmed during the service when you talked about the book and the author.

This book comes at the most opportune time in my life. Wonderful miracles are happening every day. My heightened awareness of life around me has opened my eyes to all the beautiful things going on. I do feel that God has more for me to do. I am enjoying learning and implementing the tools that make life so interesting and mold me into a better person. I'm continually feeling shifts in energy when I concentrate on my affirmations.

I am grateful for InnerFaith Ministries and all that I have learned. Your Sunday messages, Wednesday Night Lives, and classes have all been very important in this journey. Now I have a wonderful book to take me up another level and I am truly grateful for this.

Namast'e,  
Mike Burger

Good Morning, Sharron;

Computer is back from repairs.

Happy Birthday Sharron. What a wonderful world we have when the Creator sends us someone such as yourself. I'm truly Blessed to have been touched by your Light in my life. I can only imagine how many 100's, 1000's of fellow souls you have inspired along your own life's journey. I listen to your CD's every day, and am so Grateful for you and them. May your life be filled with amazing amounts of Love, Happiness, Joy, Peace, Inspiration, and Abundance in all areas of your life.

It is Truly an Honor to have been touched by you in this lifetime. You are surely an Angel and the world is a much better place for having you in it. May your Life be filled with Love and Light for evermore.

Namast'e,  
James

# “WHAT IS SPIRITUALITY?”

I recently brought a friend out to dinner- as a small token of appreciation for something he did for me that was above and beyond the call of friendship. Even though we only knew each other on a rather superficial level at that point, he still went out of his way to assist me, which said volumes about the person he is! I have since invested more time into growing the relationship because he is a kind, compassionate and loving person whose company I enjoy. For this, and other reasons, I consider him a spiritual person! What fascinates me is he doesn't consider himself spiritual!



During our conversation that evening, he asked how my Life Coaching practice was doing and proceeded to share his admiration for what I do and more importantly, how I do it. He told me I was a person who “walks his talk” - one who's actions match his words. I was touched and proud to hear this, as it is something I strive for in my life! I then vocalized my profound gratitude for being able to do what brings me great joy and fulfillment- being of service to others as they walk the sacred journey towards understanding and living their own spirituality.

My response quickly brought forward a question I am asked time and time again. “What is spirituality?” He was stunned when my response was “You are!” I then began defining spirituality, or perhaps more importantly, my philosophy about what it means to live a spiritual life.

For me, spirituality is an unexplainable knowing that I am connected with something larger than myself that is omnipresent, omnipotent and all loving- whom I call my Beloved Creator, God. It is a delicious understanding that I am a child of God- created in His/Her/Its likeness and image, meaning I am equally as Divine and Perfect. With the monumental gift of life, I was given free will to do and experience whatever I

so desire. The choices are mine!

With this understanding, comes the awareness that every being on this earth also has this same Divine relationship with their Creator. If I am part of my Creator, and everyone else is part of theirs, then we are all connected. What we do to others, therefore, we do to ourselves and vice versa. How we live our lives directly affects everyone else on this planet! Spirituality is my conscious

decision to choose loving-kindness towards myself and others whenever humanly possible, which benefits me and everyone I touch. Plain and simple, my definition of spirituality is living a life of loving-kindness!

Spirituality then becomes a way of being on a moment-by-moment basis. It is the conscious attempt to respond to situations with compassion, kindness and love. It means doing unto others as you would want done unto yourself- known as the “Golden Rule”, from the words of the great master teacher - Jesus Christ. Spirituality also means having the intention to do the right thing, and then living with integrity and authenticity.

The key to success is doing the best you can- to the best of your ability, at any given moment. It is my belief we are all spiritual beings having a human experience, so let's try to have compassion for ourselves and others when our humanness gets in the way, and we don't meet these elevated expectations 100% of the time.

At this point of the discussion, I could tell my friend resonated with my explanation of spirituality, yet I still sensed confusion. I asked him why he didn't consider himself spiritual. He said in his past, he witnessed people in his life who label themselves as such, do things that seemed far from spiritual; their actions didn't match their words. I acknowledged this as a common occurrence, but offered him to

Continued next page...

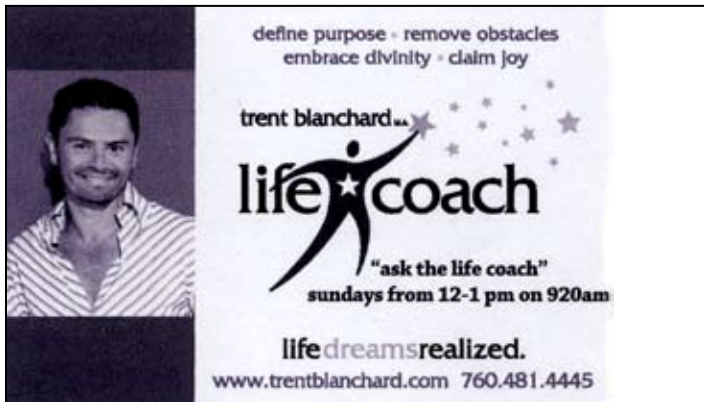
What Is Spirituality? Continued:

throw away the label and old associations with the word spiritual and focus on what he knew was true in his heart-that living a life of loving-kindness is the answer to his original question. In that moment, I knew I had helped him clarifying something that had caused him confusion for years. He took a sigh of relief and had the most joyful smile on his face. It was magical!

I ask everyone who considers themselves spiritual to look at their actions to see if they are in alignment with their words- as we all know actions speak louder than words. I personally do not label myself as spiritual when speaking with others, as I believe if someone cannot tell I am a practicing spiritualist via my actions and peaceful presence, then I am not doing something right! I also ask those who do not label themselves as spiritual, but live spiritual lives, to acknowledge themselves for making a beautiful contribution to the world.

Wouldn't it be wonderful if we could all focus on living lives of loving-kindness- to the best of our abilities at every given moment? The world

- Trent Blanchard



define purpose · remove obstacles  
embrace divinity · claim joy

trent blanchard...  
**life coach**  
"ask the life coach"  
sundays from 12-1 pm on 920am

life dreams realized.  
www.trentblanchard.com 760.481.4445

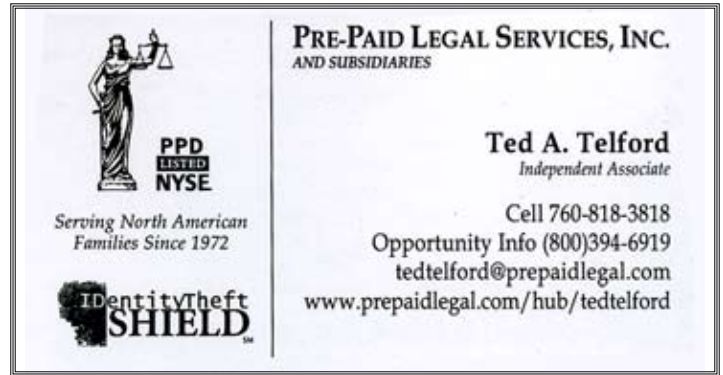


**JOSÉ'S HOME REPAIRS**

PLUMBING · ELECTRICAL  
PAINTING · PLASTER  
FIXTURES · INSTALLATIONS

CELL (760) 660-0626  
(760) 251-1019

JOSÉ & NORMA



**PRE-PAID LEGAL SERVICES, INC.**  
AND SUBSIDIARIES

**Ted A. Telford**  
Independent Associate

Cell 760-818-3818  
Opportunity Info (800)394-6919  
tedtelford@prepaidlegal.com  
www.prepaidlegal.com/hub/tedtelford

PPD LISTED NYSE  
Serving North American Families Since 1972  
IDentityTheft SHIELD™

## InnerFaith Prison Outreach

We at InnerFaith Ministries have started a new outreach program to men and women who are currently serving terms in prison. We began this program over a year ago and the response has been overwhelming-- we have inmates from throughout California and even other states who are wanting to learn about our way of life.

The program is simple. We write to inmates who have expressed an interest in corresponding with us and in so doing we are continuing our mission to heal, inspire, empower, and prosper the world.

We are asking you to join us in this endeavor by taking two inmates and corresponding with them. We will provide you with all that you need to do this work, including sample letters, envelopes and printed information to send with the letters. I am always available if you want to discuss a special situation and will be glad to give you any assistance you might need.

This is a real opportunity to manifest our belief that "We get back what we give out". I have personally received great insight and inspiration through this work, and I know that you will, too.

Please take the time to correspond with two inmates and enrich not only their lives, but your own as well.

Pease contact me on Sunday or Wednesday evenings, or by calling or emailing Linda Orrick at InnerFaith Ministries, or by telephone at (760) 318-3196 and become a part of our prison ministry.

Namast'e  
Carol Evans

# CRITTER CHIT-CHAT

By Kate Porter

Several weeks ago I was visiting a friend when her phone rang. She left for a few minutes while I played with "Winston", her middle aged Schnauzer who happens to have disarmingly wise eyes. A few minutes passed (... time enough for me to begin wondering what he knew that I didn't) when my friend returned with a concerned expression.

It seemed her Mother, widowed several months ago, had called crying because she felt she had to give up the puppy my friends Brother (thinking their Mother must be lonely...) had given her. Mom was 76 and in her own words, just couldn't "keep up with the darling little fellow". Their energies were at odds. No matter how madly "Mom" had fallen in love (and by then she had, unfortunately...) she knew she would have to let her new little friend go.

Sadly, I have observed, this is not an uncommon scenario. Too often in our Senior community, in their search for loving companionship, our elders (or someone close to them) find a cute puppy or kitten and "home they go" only to discover in a day or so that it is just not a match. What should be a happy event becomes difficult and sometimes it even "sours" the idea of having another fur family member, even when they are most needed.

I personally feel that this subject is so important



to the pets and the people who love them in our desert community, that this will be the first of two columns on this subject. I believe we can all benefit by a thoughtful approach to this life altering issue.

Now, a word to all "best friends" and the loving family. "DON'T, I beg you, don't surprise your beloved Mother, Father or favorite Senior with a pet! Not a bird, dog, cat, puppy, kitten or even a fish. Nada. OK?"

Choosing an animal companion is a very personal experience and both the pet and your loved one need time and contact to decide whether this is to be the long-term relationship that is wanted. ("Cute and young" are not always the barometer for lasting friendship... with people OR animal friends!)

The holidays are coming, so if you want to help someone you care for by giving them a pet, go to your local shelter or rescue facility (see referrals below) and pay the adoption fees in advance. Put the receipt in a card and give it to them with the offer that when they are ready, you will go with them to, hopefully, meet their newest fur pal.

Some of us can't imagine not having an animal to wake up to and spend time with, however old we are. But as time passes, we need to take several things into consideration. First, our energy and then, our life style.

The age of the pet you adopt needs to be considered. I don't recommend a dog under 4 or 5 for anyone over 60 years of age. And then, ask yourself some questions. Do you want a dog who can run with you and exercise or do you want to sit and read with a cat on your lap or with a little dog cuddling by your side on the couch? Do you have a situation where you have a fenced yard and a doggie door or will you be alright with walking your four legged pal morning, noon and

Continued next page...



**Alex Benshimol**  
PET GROOMER  
CALL FOR APPOINTMENTS  
**760 327 5186**  
BATH & BRUSH  
NAIL CLIPPING  
FULL GROOMING  
DOGS & CATS

**Alex's PET GROOMING**  
PROFESSIONAL GROOMING SERVICE  
255 East Tahquitz Canyon Way Palm Springs 92262

Critter Chit-Chat continued:

night... (a great way to meet the neighbors, by the way.)

Do you think you'd like to awaken to the sound of several little birds singing in your kitchen or does the idea of a sweet, if sloppy, tongue on your sleepy hand delight you? From feline to fish to furry faced Fido, your world can be more fun with an animal in it... IF you have found the right one for you. And only you will know what and who that is and when it should join your family.

Please meet me here at Critter Chitchat next month to learn more about how to choose your new furry, feathery or finny friend. Or e-mail me at KatePorter@aol.com with your questions or comments. I'd love to help you with finding your special animal companion.

Until then, woofs and purrs all around,  
Hugs & heart,  
Kate

**Recommendations:**

*Both of these folks are special.*

**The Pet Rescue Center**—La Quinta  
(760) 398-7722 (ask for "Christine")

**Save-A-Pet**—Desert Hot Springs  
(760) 329-8510 (ask for "Tom")

Tell them I sent you. :)

**DR. SHARRON STROUD**  
CO-FOUNDER  
INNERFAITH MINISTRIES WORLDWIDE

☾ ☪ ॐ ✝ ✨ 🧘 ☯  
*One God Many Paths*

**(760) 318-3196**

WEDDINGS ✦ COMMITMENT CEREMONIES  
PRAYER MINISTRIES ✦ MEMORIALS ✦ CHRISTENINGS  
SPIRITUAL & COUPLES COUNSELING

*SUNDAY SERVICES*  
10 AM AT THE CAMELOT THEATER  
2300 BARISTO ROAD PALM SPRINGS

(760) 464-9054 (CELL)  
PO Box 9318 PALM SPRINGS, CA 92263  
GODANDCO@EARTHLINK.NET  
WWW.INNERFAITHWORLDWIDE.COM

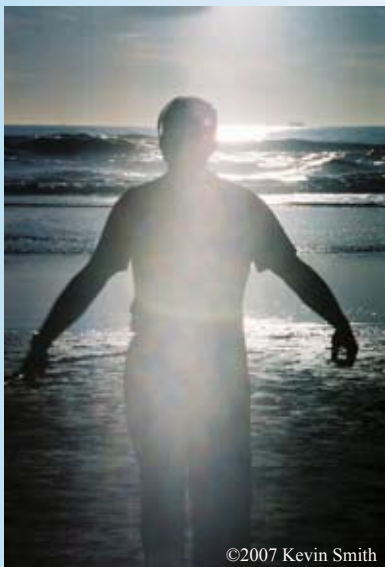
**PACIFIC UNION**  
GMAC Real Estate  
*Independently owned and operated*

**John J. Walker**  
REALTOR®

t 760.883.1400  
f 760.883.1401  
d 760.883.1417  
c 310.200.5220  
john.walker@pacunion.com  
www.pacunionsocal.com

**CHRISTIE'S**  
GREAT ESTATES

1345 North Palm Canyon Dr., Palm Springs, CA 92262



©2007 Kevin Smith

MAN'S MIND, ONCE STRETCHED  
BY A NEW IDEA, NEVER REGAINS  
ITS ORIGINAL DIMENSIONS.

-OLIVER WENDELL HOLMES

# Happy Birthday Dr. Sharron!




**DANA'S**  
of the Desert

---

HAIRSTYLING  
1470 N. Palm Canyon  
Palm Springs, CA 92262

Dana Smith  
Owner & Operator

(760) 320-9480



**ASTROLOGER**  
*Soul and Life Counseling*

Joseph Sheehan, MA  
(760) 322-7676

# INNERFAITH COMMUNITY POT LUCK

**FRIDAY, OCTOBER 19 AT 6:30 PM**

MIKE BURGER'S AND PAUL ADDISON'S  
HOME

**35402 VISTA REAL  
RANCHO MIRAGE**

Mike Burger and Paul Addison have invited the whole InnerFaith Community to a pot luck at their home. They have a wonderful pool, so bring a suit if you want to swim.

Directions: From the Camelot Theater go south on Farrell to Ramon, turn left (east) and go through Cathedral City to DeVall Street, turn right (south) and go over Dinah Shore to the first light, turn right (west) and enter St. Augustine Gated Community, turn left (east) after entering and go to the end of the street and turn right (south) for three blocks to Vista Real. Their home is on the northwest corner.



If you can dream it, you can do it. Always remember this whole thing was started by a mouse.”

—Walt Disney



**PACIFIC COAST  
MORTGAGE**

41750 Rancho Las Palmas Dr.  
Building O, Suite 1  
Rancho Mirage, CA 92270

Office (760) 837-1133  
Fax (760) 837-1135  
Mobile (951) 623-7525  
[www.pacificcoastmortgage lenders.com](http://www.pacificcoastmortgage lenders.com)

**Larry Tiner**  
Loan Officer

## The Four Blessed Looks

Look back and thank God.  
Look forward and trust God.  
Look around and serve God.  
Look within and find God!

“I asked God, ‘How do I get the best out of life?’  
God said, ‘Face your past without regrets.  
Handle your present with confidence.  
And prepare for the future without fear!’”

“Life is short, so forgive quickly. Believe slowly.  
Love truly. Laugh uncontrollably. Never regret  
anything that makes you happy. And have a  
wonderful journey!”



**CANYON ROSE BOUTIQUE**  
218 N. Palm Canyon Dr.  
Palm Springs, CA 92262  
(760) 323-4240



# KMS Graphic Design

Graphic Design ✦ Illustration ✦ Logo Design  
Desktop Publishing ✦ Multi-Media  
Photo Restoration ✦ Advertising ✦ Forms

(760) 397-5525

[kmsgraphicdesigner@gmail.com](mailto:kmsgraphicdesigner@gmail.com)







# MASSAGE YOUR BODY, SOOTHE YOUR SPIRIT

Hello everyone.

As a Science of Mastery student and a personal massage therapist to Dr. Sharron Stroud, I have been wanting to share the benefits of a true spiritually designed massage. In addition to the obvious benefits of massage; increased circulation, elimination of muscle soreness, and relaxation, I am going to touch on a few other important points.

It is true, that we are Spiritual beings having a human and physical experience. So we take care of our Spirit by doing self treatments, meditation, reading, anything that elevates us on that upward spiral. Our body is a physical corpus that we must also treat. It requires more and more as we go along our paths. To holistically treat your whole "self", requires a three pronged approach: The first is your Spiritual body which I have mentioned. Then comes your emotional and mental body which flow out of Spirit. The third of course is your physical body. And when the physical is treated in conjunction with what you are already doing, then you have complete holistic results and balance.

Of course it isn't always easy to juggle all

these together at the same time, yet if we don't do anything about any ONE of these, we will certainly feel it by getting out of balance.

As a massage therapist who understands the holistic principles and how they effect each other, I always check with my clients



to see how they are doing in each area and how to assess their bodies. When you get your body massaged, you actually allow the flow of energy to become unblocked, the toxins to release from your muscles and you allow your body the chance to restore itself. Of course massage feels good, and the

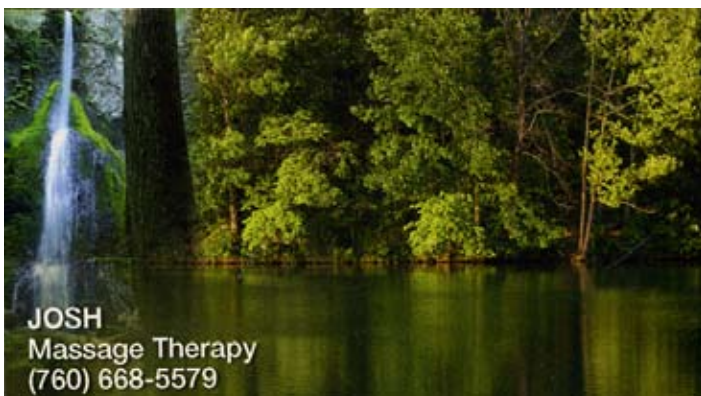
benefits are absolutely endless. Think of it as "body maintenance" which we require; even our cars require at least that. I bring 10 plus years of experience from holistic teachers I've studied under in Laguna Beach and in Kona, Hawaii. I will help you understand the holistic approach and get you on your way to feeling your best by reducing stress and eliminating toxins with a spiritually guided approach. You will see the value in this revitalizing touch for a long time to come.

Take the time to say hello when you see me or feel free to speak with Dr.. Sharron and she can provide any information. I travel to you if you desire, or you can visit me at my studio location in Palm Springs.

Treat yourself at every level.

Namast'e

Josh Manfredi



JOSH  
Massage Therapy  
(760) 668-5579

# WEDNESDAY NITE LIVE PRESENTER: THE HUNCH FACTOR

Lynn Scheurell  
Creative Catalyst



When is the last time you got a “hunch” and you followed it? Even more important, what happened the last time you got a hunch and you DIDN'T follow it?

According to [www.thefreedictionary.com](http://www.thefreedictionary.com), a hunch is defined as:

1. An intuitive feeling or a premonition.
2. A hump.
3. A lump or chunk.
4. A push or shove.

Isn't that interesting? A push or a shove from some unseen force... and, as a verb, the dictionary defines hunching as “to thrust oneself forward”. Sometimes we don't recognize that feeling or experience, the hunch, until after the fact - like a thump on the head, or an “a-ha” moment afterward.

Or it might even feel like you're making it up, like there's no way “the hunch” could be real - like the psychic “tickle” that says to leave your house right now to visit a friend unexpectedly, only to discover that friend needed you in that moment.

In working with my clients to create personal success from the inside out, I have seen time and time again that their “hunch” factor is very much alive and talking to them about what they need. But they either don't recognize it, or can't quite get the message (usually because we humans like to complicate things in our linear minds), or don't believe that it's a valuable tool that is actually serving them to have their best life.

So, following a hunch is what got one of my clients into a new swank office (not to mention a new celebrity market), another met Jack Canfield personally, and another to develop her passion into a viable new digital product line. Where can your hunch take you today?

## Three Things You Can Do Today:

1. Pay attention to spontaneous, unsolicited “messages”. These can be anything from a particular but different feeling to an unusual hankering to do something to hearing something that strikes a nerve somehow to an opportunity that comes in out of the blue. Hunches aren't always “feel good” actions, but they usually will lead to

outcomes that get you or the situation to a better place.

2. Look for the “counter-intuitive” in a given situation. If where you are isn't where you want to be, go looking for a hunch by considering what is counter-intuitive to where you are now. For example, if you know your business is not growing the way you want, look for exactly where and in what ways it is not growing, where the customers are not coming from or where you are not providing services to open up the possibilities that might

be there all along. One of my clients did this and discovered that she needed to create her own distinct program, based on her life principles for success (by her own definition, incidentally), as opposed to working with, modeling and selling other people's products / programs.

3. Consider the unrelated but important things. That is, the things that are seemingly unrelated but significant vs. what's actually urgently in your face screaming to get your attention will usually wait or go unnoticed. For example, let's say you have client issues that have deadlines and need immediate resolution but, out of nowhere, you get an invitation to join a week-long retreat that has no agenda but you will be with your peers. This actually happened for one of my clients - and when she decided to take that time off, her business was handled by an assistant for the short-term and she was rejuvenated with new information and new connections to take her business to a completely new level.

Hunches are bits of information from a deeper source that don't make sense to your rational, conscious mind. Remember that the next time you get a hunch - following it might lead you around a corner that takes you to new places that you could never have predicted. If you stay with the hunch and follow it willingly just for the experience, you'll be in the flow of universal messages. And your life will be filled with events custom-made just for you and your next best steps!

*Lynn Scheurell, Creative Catalyst, helps people remember who they are so they can align everything they do accordingly. This simple premise has helped nearly 5,000 people she's worked with since 1998 to create success from the inside out and by their own definition. Download a free report to learn “Your 6 Power Points for Personal Success - and How What You Don't Know Can Cost You!” at [www.mycreativecatalyst.com](http://www.mycreativecatalyst.com)*

# THE WELL IN THE DESERT

The Well in the Desert does many things for many people. It was founded over ten years ago to address the needs of the homeless; and grew into an organization that now meets the needs of the homeless, the at-risk for homelessness, the working poor, many shut-in seniors, and those in need of food and Social Services.

The Well in the Desert serves a hot meal daily to over 100 people, and provides sandwiches daily for the homeless for an evening snack, while also preparing sandwiches and snacks for the lunch bag program at Our Lady of Solitude. The Well employs a Social Worker and an Administrative Assistant, who take care of a myriad of our clients needs, including counseling, referrals to medical and dental assistance, help with driver's licenses and ID cards, job referrals, bus passes, emergency housing, motel vouchers, emergency food, rent assistance, emergency clothing, and much more.

The Well has a weekend grocery distribution at their office on Indian Ave. Every Saturday, between 7:00 a.m. - 10:00 a.m. over 200 people can take home healthy groceries including meat, chicken, legumes and fruit; which ultimately helps to feed over 1000 people a month. Food distribution is also made available to shut-in seniors, and to La Serena, a senior low-income retirement home. The Well also provides all the healthy food for Nightengale Manor, a home for homeless women and children. And, on Thanksgiving, Christmas and Easter the Well serves a beautiful meal and offers a holiday celebration to those in our community who need an understanding and helping hand.

The Well in the Desert is the only organization in the Western end of the Coachella Valley that offers such a myriad of services to the people in need.

If you are local please volunteer for either their daily hot meal program or their Saturday grocery distribution program. They need clothes and furniture for those returning to work or to new living accommodations. They can always use food donations. And, to keep all of our programs going, they need money. Donations of any amount are so appreciated. They are the backbone of the work

of the Well in the Desert. Summers are their most difficult months — they serve many more people then due to job layoffs and children out of school, with no free lunches. They depend on people like you to allow them to serve others. Please be the heart for our helping hands.

For more information on how you can help, please contact them at: 327-8577, 322-3994 or 219-3522. Reverend Lloyd Brushett collects canned food at our Sunday services. Please leave your canned goods at the designated place in the foyer.

---

---

## SERVICE WITH A SMILE



Have you been considering volunteering some of your time and/or talents to assist our InnerFaith spiritual community? If so, then you have been called to “sacred service” at InnerFaith Ministries. (We use the terms “volunteering” and “sacred service” interchangeably here, because they are.) There are

no coincidences here, and we will be able to find something together that is the perfect volunteer position for you! Please give me a call at (760) 328-6764 so that we can discuss what works for you and InnerFaith.

Just one last note for the current volunteers from me:

“I honor you for doing what you do in total giving,  
I honor you that you do this without personal expectations,

I honor you that you have “created your own heaven”  
in your sacred service,

But most of all, I honor your magnificence as I know  
it is GOD, as you, that does the work!”

Thank You My Family from my heart,

Namast'e,

Mack Rogers  
Volunteer Coordinator /  
Minister in Training



# The Acupuncture Allergy Center

W. Shannon Lydick  
Licensed Acupuncturist

35-325 Date Palm Drive, Ste. 107 (760) 328-2232  
Cathedral City, CA 92234 Fax: (760) 328-2342



## HEALTHY LIFESTYLES

ELANA C. SHAY, R.N., M.S.N.  
NET, NAET, CRA, ART, NMT, NEAT

INTUITIVE APPROACH TO HEALING

P. O. Box 4884  
Palm Springs, CA 92263  
Phone: 760-322-8853

## Thank You

To Everyone who has contributed to  
**InnerFaith Light.**



## SpiritShift

**EMBODYING THE SOUL**  
**MERGING WITH SOURCE**

Ahriah Vocaré M.A.  
Ascended Master and  
Archangel Channel & Coach

(760) 834-0156

SpiritShift@earthlink.net

## aquatic pros, inc.

POOL & WATER SYSTEM SPECIALISTS

Repair and Service For:  
Pools • Spas • Misting Systems • Irrigation  
Saltwater Systems

aquaticprosinc@yahoo.com

Ed: 760 • 272 • 0941 Joe: 760 272 0233 CPO Certified

Jay Jorgensen, DDS

Jay  
Jorgensen  
DDS

140 Luring Drive / Suite A / Palm Springs / California 92262 / (760) 323-2771

# KINDER RELATIONS

design marketing web

**Beth Ross**

beth@kinderrelations.com

**760-574-4343**

1778 S. Araby Drive Palm Springs, CA 92264

Fax: (760) 327-4190

www.kinderrelations.com

## Lee Nails

Professional Nails Care for Ladies & Gentlemen

\* Acrylic \* Manicure \* Pedicure Spa  
\* Paraffin \* Silk \* Gel \* Air Brush  
\* Nail Art \* Wax \* Gift Certificate Available

**(760) 322-7856**



201 N. Indian Canyon Dr.  
Palm Springs, CA 92262  
(Corner of Indian Canyon & Andreas Rd.)

Open 7 Days A Week  
Mon - Sat: 9:00am - 7:00pm  
Sunday: 10:30am - 6:00pm

FOR INFORMATION ON ADVERTISING  
CONTACT LEE FRIEND AT LEEFRIEND@  
GMAIL.COM. ADS RANGE FROM \$25 - \$45



# Celebrate With Us

**September Theme:**  
*The Science of Mind Principles*

**September Affirmation:**  
I Accept that I Am Happy, Healthy, Prosperous and Free! And so it is.

- 2 The Secret Revealed
- 9 The Law of Mind
- 16 Speak Your Word!
- 23 The Universe is in You!
- 30 The Secret Formula

**October Theme:**  
*Life Strategies*

**October Affirmation:**  
Today I say "Yes" to Life! Today I Accept that I Am All that I was created to be! I say "Thank you Father/Mother God for the Abundance that it is mine! And so it is.

- 7 You Create Your Own Experience!
- 14 Do What Works!
- 21 Life Rewards Action!
- 28 You Have to Name It to Claim It!

## Announcements

### Friendship Sunday Brunch

*The first Sunday of each month*

Please join us at the Hilton Hotel (across from the Spa Casino on Tahquitz). Special price \$7.95 to InnerFaith members and guests! All are welcome.

### Healing Service

*9:30 AM each Sunday morning*

Facilitated by the Ministerial Team; experience healing energy and the joy of deepening spirituality

### Centering Meditation

#### By Musicians

*9:50 AM each Sunday Morning in the Sanctuary Theater.*

### Canned Food Drive

Chaplain Lloyd Brushett collects canned goods for our partner in charity at The Well in the Desert. Please leave your canned food donations at the designated place in the foyer.

### Prayer Ministry

The prayer table in the foyer. Rev. Ed DiNicola will assist you with your prayer request and pray with you personally if you desire.

### Founder's Circle

Become a member of the Founder's Circle. Join today by tithing \$100 or more a month over your regular contribution. To join, write Founder's Circle on your check. Talk with Rev. Lloyd Brushett at 770-9263 about the miracles that come from giving to a Purpose larger than yourself.



You have all the reason in the world to achieve your grandest dreams. Imagination plus motivation equals realization.

**-- Denis Waitley**

### THE MINISTERIAL TEAM

Rev. Ed DiNicola.....	760 567-5862
Rev. Trent Blanchard.....	760-481-4445
Rev. Arline Hoover.....	760-360-8918
Rev. Lou & Lloyd Brushett .....	760-770-9263
Dr. Sam Satkin.....	760-327-9610
Rev. Sharon Gibson.....	760-992-9682
Rev. Roger Bambenek.....	760-318-9977
Dr. Valjean McGinty.....	760-341-2511