



THE LIGHT

THE MAGAZINE OF INNERFAITH MINISTRIES WORLDWIDE

DR. SHARRON STROUD - FOUNDER

MARCH / APRIL 2008

SPRING
HAS
SPRUNG

ESTEEMED
FEMININE
LEADER
OF THE YEAR:

DR. SHARRON STROUD

EASTER
BY ERNEST HOLMES

March/April 2008

The Light

The Magazine of Innerfaith Ministries Worldwide

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Innerfaith's own Dr. Sharron Stroud is named Esteemed Feminine Leader of the Year at The Raw Spirit Awards hosted at Amazing Woman's Day. (Page 16)

THE RETURN OF SPRING



Dear Spiritual Partners,

Early spiritual pilgrims shared this magical feeling of hope that comes in spring as new miracles of life occur. Easter Day of course commemorates the Resurrection. The word Easter comes from the Anglo-Saxon word Eastre, the name of the Goddess of spring in whose honor a festival was celebrated each spring in April.

To ancient man, the sun, which gives so freely of its light and warmth, was the natural picture for the heavenly, life-giving Spirit of Light. For the spiritual pilgrims it is a time to reflect and commune with the Spirit of Light. Ancient people also said that the sun dies each night and is reborn in the morning. The early followers of Jesus used a picture of the rising sun as a symbol for the Resurrection.

The Spring Equinox and the Easter Celebration is a time of renewal, a time of new beginnings and a time of the recreation of energy as we unfold in the Light of its true meaning. In the Ritual of the Empty Tomb, the Christ as the Wayshower for all mankind demonstrated to his followers the final and most difficult work to be accomplished on this physical earth.

That work is transmutation of matter into spirit. When this has been learned, man and woman will have gained mastery over sickness, age, and

death. In esoteric terminology, this attainment comes with the Initiation belonging to earth, the densest of the four elements. It is the last of the four Great Initiations. When the light of this sublime illumination has been spread abroad, altars will be erected to the Christ in our physical laboratories as well as in our churches. The spirit behind and within matter will have been recognized. This is the Universal Love Principle, potential within each of us to say: "I Am the resurrection and the Life!"

In the Mystery School parlance we are told that with the Earth initiation comes liberation from the wheel of birth and death. Through the processes of Initiation mortality puts on immortality. This is its all-inclusive end and aim. To the consciousness of the Initiate life and death are but different aspects of the spirit's progressive unfoldment.

The Rite of Resurrection is the rite of the impersonal life. In the experience of the Mystic Death the student becomes aware of the illusion of matter and the limitations of finite life. The Resurrection consciousness brings the realization of the oneness of all life with God. The stone of separation has been rolled away. Henceforth, one who has passed into this sublime experience

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knows that no ill can affect a part without hurting the whole, and that no good can come to the one without at the same time benefiting all.

In this Degree consciousness is lifted to the higher spiritual planes. This is possible only when we surrender our ego state to the Higher Mind of Christ Consciousness. This is the advantage that we share in our New Thought movement, and that is that we are Eternal Now!

Namast'e and Love,

Dr. Sharron Stroud



DR. SHARRON STROUD
CO-FOUNDER
INNERFAITH MINISTRIES WORLDWIDE

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Easter Reflection

Behold all things are born anew!
The thought, the deed, the worldly view!
The Palm of Truth taken in hand
Set men free to understand.

The earth rolls away the tomb of time,
And the Galilean begins his climb!
The Easter story reveals our Quest,
Heightened with Love we are truly blessed!

For the beckoning of spring by far,
Is lovelier than all other seasons are!
The dew drops on a lily's face
Glisten far, far brighter than a star in space!

The budding iris peeking through,
Kiss Life's aura in spiritual hue,
A blade of grass, a swaying reed,
Kneel before a Cosmic Seed.

All the races join together,
Forming a mandala upon the heather!
An echoed mantra rings out to the spheres:
The Presence within casts out all fears!

Peering beyond the cross of life,
We find release from suffering and strife,
To a Golden Kingdom we were given,
For the Christ within once more has risen!

-Dr. Sharron Stroud
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By Trent Blanchard

Spring is one of the best times of the year to fling the things that no longer serve you. Unnecessary belongings, when accumulated over time, become clutter and take up valuable space in our lives and consciousness that could better be utilized with more important things. De-cluttering your home or office is a wonderful gift to give yourself- especially if you feel stuck, blocked, de-energized or hopeless in any area of your life.

As a Life Consultant, I assist people in organizing their lives- and one of the things I do is help them release excess baggage- also known as physical clutter, while simultaneously dealing with the emotional reasons it exists in the first place. When I see someone's home full of clutter and in great disarray, I immediately can tell what is going on within their consciousness- confusion, overwhelm, fear, chaos and hopelessness. How we keep our home, in particular, is a direct reflection of what is happening inside of us and because of this, those who collect clutter on the outside, collect it on the inside as well. Both internal and external clutter becomes hazardous and life-threatening to yourself and those around you.

Life is about flow of energy - and physical and emotional clutter block energy and creates stagnancy, which disables its flow into your home and life. The results are tiredness, lethargy, disassociation and hopelessness- which are

THE SPRING FLING

only exacerbated the longer you don't deal with it. Is it time for you to take action?

In her book, *Clear Your Clutter with Feng Shui*, Karen Kingston says "The process about clearing clutter is about letting go. Many people are afraid of the emotions they may experience in the process of sorting through the stuff." When you clear your external environment, you are beginning the process of dealing with the internal, which will most likely bring any unresolved issues, accompanied with related emotions, to the surface. This is why I consider it very courageous for people to tackle their chronic clutter.

The first step is to acknowledge and admit there is a clutter problem. If you walk around your house feeling a pit in your stomach about more than one area, you need to do some de-cluttering work. The issue is that many realize this fact when their homes are out of control. They feel overwhelmed, do not know where to begin and judge themselves harshly for not being able to handle it on their own. These judgments hold them back from addressing the issue itself! It takes a brave person to admit they need help, and I firmly believe we are not meant to do this journey-we call life, alone! It would benefit us greatly to acknowledge the fact that we are not- and we are not created to be- good at all things, which then gives us permission to ask for

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assistance in the areas that are not our strong ones.

How do you begin the process of clearing the clutter? If you feel capable doing it yourself- go for it! If not, ask a good friend or hire someone trustworthy to assist you. Then, walk through your home and make a list of the areas that need organizing or de-cluttering.

Once you have this list, prioritize it by placing the smallest or easiest jobs first and the larger ones at the bottom- for once the ones on the top are completed, it brings a level of excitement crossing them off your list- which gives motivation, encouragement and energy to tackle the larger areas. Then get trash bags, donations boxes and cleaning supplies- put on your favorite music and begin!

Every belonging- from clothing, to appliance, to knick-knack should be reviewed and pass the "clutter test" in order to be kept. This test includes meeting at least two of the following four criteria: "Is it useful?", "Does this bring me joy?", "If not seasonal, have I used it in the past six months?" and "Would someone else benefit from this more than I?" If a majority of the answers are "NO" - then let it go- throw it away, recycle or donate it.

While going through this process, you might as well organize the belongings you are keeping. Make sure to store similar things together, placing them near where they will be used and make a note to yourself to get in the habit of putting things back where they belong immediately after using them.

Once you have an area de-cluttered, clean it thoroughly, sit back and look at the fruit of your labor. Acknowledge yourself for doing the work and relax for the rest of the day. Treat yourself lovingly by taking a soothing bath, getting a massage or buying yourself some of your favorite flowers. Remember when things change on the outside, they stir around things on the inside as well, so if emotions do surface- allow yourself some private time to be with them- acknowledge and feel them, so they can be released.

Clearing your clutter is an extremely important

process that assists you in letting go of things that no longer serve you- on both the physical and emotional level. When you do it, you will feel lighter, cleaner, clearer and freer and make room for other more useful, fulfilling things to flow in.

Trent Blanchard is available for Life Coaching, Spiritual Direction and Commitment Ceremonies. Visit his website at www.TrentBlanchard.com or call 760-481-4445 for more information.



be the change you want to see in the world.

Mahatma Gandhi





By Ed DiNicola

MY LIFE IS MY TEMPLE AND MY RELIGION

One of the things one hears often at Innerfaith Ministries Worldwide is: Our life is our temple and our religion. This is one of the basic tenets of Innerfaith and living at one with God. As an assignment in SOMII we were asked to consider this and what it meant to us. The words have been comforting to me since I first heard them, and they resonated with truth, and because they did I didn't stop to think very deeply about them, they were one of those things I knew that I knew I knew. But after having given the words consideration as part of my class assignment, I came up with the following statement of what they mean to me, and as Director of the Prayer Ministry, I would like to share them with anyone who reads this Newsletter so that they too might find the words consideration and know the truth of what they mean for each individual.

My life is my temple and my religion, means that my body, that which expresses me to the world as one who has life, is the temple in which the living God dwells as a part of me, and all of me at the same time.

So it easy for me to say and to know the truth when I say:

There is one life that life is God's life that life is perfect and that life is my life NOW.

It is into my body temple that I retreat to speak to God, to hear God speak to me, and to touch God in order that I might be touched by God.

Rather than look for my God in a church, or in a sanctuary or man made structure, I look for God deep within me, in the still silence of my soul from which God speaks to me in a voice that is my own.

It is in my body temple that my spirit and spiritual life are fed and healed.

My life is my religion.

Religion represents the outward expression of that which is spiritual within.

Religion is the way that one "practices his/her spirituality in the world.

The way I live my life and the way I choose to interact with others who come into my life, for whatever reason, is based on the golden rule. It is based on my not doing or saying to anyone that which I would not want done or said to myself.

That is how I choose to practice my religion in my daily life.

I try to live my life as an example of that which I experience in my body temple.

Thus my life becomes my religion as I attempt to practice every moment, every hour, and beat by beat by beat of my heart, that which I feel when I am one with God.

I am religious in that I practice my spirituality in the world.

I am Spiritual in that I worship by living in my body Temple.

I believe that is what is meant by being in the world but not of the world.

KATE'S PLACE

By Kate Porter

Dear fellow critter lovers, I, perhaps like you, have always found myself wanting to change things when the New Year rolls around. This year along with my usual closet sort of my closet and deciding to donate a bag of clothes I no longer wear, I realized that I wanted to expand my column. Though there is absolutely no question that at my very core and heart rests my love and concern for the animal kingdom, my wonder filled world is bigger than that and not to share some of the insights and impressions I experience in these interesting and sometimes troubled times has begun to frustrate me. With this in mind, the column has returned to "Kate's Place", the name I've used thru the years, but don't worry... there is no way we won't be chatting about our animal friends thru the coming months. I promise.

That said, and speaking of the heart, Happy Valentines Day! Now, what does that mean to me? Well, first, no chocolate boxes left down where the fur balls of the family can get at them. Most of you know by now that chocolate, no matter how delectable it is for us, can be deadly for both dogs and cats and unfortunately something they seem to enjoy as much as we do! So, rule of thumb for those of us lucky enough to be given some (or have even succumbed and "gifted" ourselves with...) the "fridge" it is or, at the least, the highest bookcase in the house. Ok? Ok.

But what about the "two-leggeds"; the humans who fill our lives? How do we relate to them this month...

or ever? I find it's easy to love the lovable ones, but what about "Aunt Lucy" has gotten increasingly crankier as time passes? Or the neighbor next door who always has something negative to say? That's not so easy, I've found.

Thru time, however, when I've been wise enough to get out of my own way and, at least for the moment, try to put myself in their shoes, I've usually discovered someone who needs love the most. Maybe Aunt Lucy hurts. Perhaps she's lived with Arthritis for so many years that she isn't even aware of how uncomfortable she is most of the time. Thus, the dark outlook and the complaining. The neighbor? Maybe he has a daughter we don't know about. She might have Cancer or be in re-hab or just doesn't take the time to be in touch. He, simply put, could just be lonely—or frightened.

So what do we do? Well, we can "gird" our emotional loins and send a card to Aunt Lucy. Or if budget is no issue, send flowers or a plant. Take a bunch of heart shaped cookies next door and braving the glower as the door opens, smile and say "I thought you might enjoy these!" Maybe these things won't work immediately, but I think you'll be surprised in time.

The secret with most people, I find, is to try not to take their attitudes personally. This isn't easy, but by stepping out of ourselves, we give the gift of kindness...a feeling that can only improve not only the moment, but your and their general emotional world as well. It's said (and I've never been able to understand why...) that "No good deed goes unpunished." That's not true in my book. I am always enriched by having the heart to think of someone else first and my bet is that you will find this to be true for yourself as well.

So, once more, Happy Valentines Day and Spring! I send you and your furry family love and hope, two things that we all need to share these days...with ourselves as well as with others.

Until next time, Hugs & heart, and (still) pat, pat, pat! Kate

THE ART OF TOUCH

By Josh Manfredi

During my years as a massage therapist I have observed several basic human interactions and needs from my clients.

The one I would like to discuss is our basic human need for touch. Touch ranks right up there with our shared need for love and for security. In the early 1980's there was a man known as the love and hug guru, Leo Buscaglia. He stressed the importance of opening your heart to love and to immerse yourself in its embrace.

One of the ways he demonstrated this was through touch and hugs.

We would all benefit more from more touch, embrace and love, wouldn't we?

A simple way to give this to yourself is through the healing art of massage. As a therapist, I have learned how to touch, when to release and where the body needs touch. I know that for most people who have never gone for massage, it can be a somewhat vulnerable experience. Knowing that, I offer the safest and calmest environment I can provide for new clients. Their only job is to relax and to breathe.

Allowing yourself to be nurtured through massage and the healing touch it brings, works at many levels. True therapeutic touch releases any blockages in energy along the meridian lines. It calms and it restores as much as you are willing to allow.

Being touched and acknowledged are basic needs for every person.

Very often our bodies crave attention, touch and restoration, yet we ignore the call. When you actually give yourself what you need, you restore balance.

Many, if not most, of my massages end with a gratitude hug. The gratitude is from both the therapist and the client and seals the energy. Hugging heart to heart is the proper placement and alignment for your heart chakra.

New clients are most welcome to experience this affirmative touch and start back on the path to wholeness. I always customize the massage for you so that you are most comfortable in receiving the energy. Let's demonstrate

what Leo Buscaglia taught: love through the art of touch. Resolve to give yourself this demonstration regularly, and to experience all the levels of healing an intuitive masseur can offer.

If you have any questions or want to experience intuitive touch and massage please call for an appointment and don't forget to mention that you saw my article here to get my special rate for Innerfaith members.

Yours in health,

Josh Manfredi
760 668-5579




Todd Cornelison
Independent Consultant
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EASTER

BY ERNEST HOLMES

If the relation you would find
Between the body, soul and mind,
Know that bone and flesh and blood
Are as waters of a river -
flowing from a hidden source.

Flesh and blood and bone and sinew
Are as matter of the Spirit
Are as form made up of Spirit
Are as shadows cast forth from It
From a stuff no one has seen.

How then can this subtle substance
Shape itself in form of body
Become flesh and blood of body
Become bony part of body
Become sinew of the body
Become a form that's foul or fair?

This the alchemy of Spirit
This the secret is of Spirit,
That the food we take in body
That the water drunk by body
That the air diffused in body
Should itself become a body,
This the miracle of life.

How can this of ether only
How can this from nature taken
Blind with thought we do not see?
How can yearning, feeling, striving
How can secret thoughts of passion
Brought to us from unseen river

Be as body, form as body
Become flesh and blood of body,
By the alchemy of unknown
Made of what we do not see?
Is not this the secret meaning
Is not this the holy meaning
is not this the unknown meaning
Of the flesh and blood of Christ?
When the bread we take in body
When of air we breathe in body
When of wine we drink in body
Is not this the eucharist?

He, the one who knew its meaning
He, the one who saw its meaning
He, the one who felt its meaning,
Is the one who spread the table
Is the one who filled the chalice
Is the one who broke the bread.
This he did to teach the lesson
This he did to give the reason
This he did to show that substance
Is of Spirit formed and held,
Is by Spirit freely given
Is by Spirit Gladly given
Is by Spirit always given,
By a process nature planned.

This the secret of the ages
This the wisdom of the wise men
This the truth they sought for
This is what they found within,
Body has a perfect pattern
Body has an unseen substance
Body has a complete likeness
In the Life and Mind of God.
But this unseen perfect pattern
And this unseen complete likeness
Is not hidden in the heavens
Is not far away from earth,
Is not distant from our landscape
Is not poised in air above us
Is not hidden under water
Is not buried in the ground.

Where then, is this perfect pattern
Where then, is this subtle body
Where then, is this unseen likeness
To the body that we see?
This the teaching of the ages

This the truth the wise discovered
This the lesson that they taught us
This the secret that they found.

Everything on earth has pattern
Everything that is, has likeness
Every form we see has mooring
In that, from which all form comes,
In the ether, in the silence,
In the subtle inner substance
In the unseen cause of causes
In the life and mind of God.
In this pattern always given
In this pattern always held these
Is the likeness of our body
Is the pattern of each member
Is an image of each action.
And this body in the ether
With its members attached to us
With its head and hands part of us
with its eyes and feet part of us
Is not distant from the body that we see
Is the substance of this body
Is the form and shape of body
Is the likeness of this body
Is the pattern of this body
In the life and mind of God?

This the body that the Christ knew
This the body that he spoke of
This the body he took with him,
On his mount of transition
On his dawn of resurrection
On the day he left behind him
Nothing that human eye could see.
For the pattern he brought with him
And his likeness in the unseen
Could not die nor be destroyed.

Only image of his pattern
Only image of his unseen
Only image of his likeness
Hung upon the cross of treason
Or was buried in the tomb.
But because he knew the reason
And because he understood
That the likeness of his pattern
And the image of his pattern
Were not separate in truth,
He could raise the image fleshy

To the likeness of its pattern
To the form forever giving
To the form forever held there
To the body that's eternal
To its everlasting day.

This the message that he gave us
This the lesson that he taught us
This is what he came to earth for
This the purpose of his life.
But the lesson would be useless
And his message without meaning
And his mission would be fruitless
Unless we his footsteps follow.
This he told his closest followers
And he told them when he let them
That the Spirit ever with them
Would reveal to them the meaning
Of the words he spoke unto them
Of the lesson that he gave them
When the image of his pattern
And the likeness of his pattern
Sojourned here on earth among them
Talked and tarried with them
Till the day of his ascension
Till the dawn of his transition
Till the time of his departure
To the realms of the unseen.

This the lesson that he gave them
These the words he spoke unto them, -
Go thou, too, and do that likewise.
So the Spirit that was with them
And the life that never left them
Perfect pattern of their image
Perfect likeness of their image
Caused them to awake and listen
To the voice of all creation
To the cause of all created
To the father of all mankind
To the maker of all earthkind.

Caused them to awake and listen
Caused them always to remember
That they too had unseen patter
That they too had inner likeness
That all mankind has likeness
In the mind and life of God.

Easter Holy Week Events

March 16-23rd

PALM SUNDAY

March 16th - Group Rose Baptism at Sunset Park
A Recommitment to Your Spiritual Life (Sunrise & Baristo next to library)

This ancient ritual allows you to recommit to your Spiritual Life. It is done with a Rose Of Love, symbolizing your perfection. The gathering will immediately follow the Sunday Celebration Service. Sign- up in Foyer as we need to know the number of roses to gift. Presented by Dr. Sharron and the Ministerial team.

HOLY WEDNESDAY

March 19th - METAPHYSICAL PASSOVER SEDER SUPPER
At the Spa Resort Hotel in the Cahuilla Room 7:00 PM (off the main lobby at Encilia and Tahquitz Canyon)

This Ancient Ritual will share the joy of freedom and the blessing of community Presented by Dr. Sharron Stroud, Rev. Ed DiNicola, the Ministerial Team, and the Innerfaith Community.

GOOD FRIDAY

March 21 12-1:00 PM - THE SEVEN LAST WORDS OF JESUS THE CHRIST
At the Spa Resort Hotel in the Mesquite Room (off the main Lobby at Encilia and Tahquitz Canyon)

This is given by Dr. Sharron and the Ministerial Team. Learn the esoteric essence of the true meaning of these declarations that Jesus spoke upon making his transition to transcendence.

March 21 7:00 PM - GOOD FRIDAY EASTER PAGEANT
Spa Resort Hotel in the Cahuilla Room (off the main Lobby at Encilia and Tahquitz Canyon)

Beautiful Music Flute Music With Sacred Readings from: THE PROPHET, by Kahlil Gibran The readings come alive as you hear the classic message on Love, Giving, Work, Joy, Pain, Friendship, Prayer, Beauty, Religion, and Death. This is a Light-Filled performance and one you will always cherish as the most significant event of Sacred Theater.

HOLY SATURDAY

March 22 - Mother Goose, Peter Rabbit & Friends will pass out Easter Baskets

Mother Goose, Peter Rabbit & Friends will pass out Easter Baskets to Hospice Patients & the Pediatric ward at Desert Regional Hospital at 1:00 PM in all volunteers meet in lobby.

EASTER SUNDAY

March 23 - 10:00 AM at the Camelot Large Theater
A CELEBRATION OF LIFE!

CELEBRATE WITH US

MARCH THEME:

A NEW EARTH

March Affirmation:

Today I awaken to the Truth of my Being! I Am the Way, the Truth, and the Life of God made manifest through the expression of my Higher Self! And so it is.

2 Awakening to Your Life's Purpose

9 The Voice in the Head

16 Do You Want Peace or Drama?

Group Rose Baptism in Sunset Park

23 Easter Sunday -

A New Heaven and a New Earth

30 Beyond Ego: Your True Identity

APRIL THEME:

STEP INTO YOUR POWER

April Affirmation:

I greet each day and each situation with a positive mental attitude knowing that I Am successful in all my endeavors. I am aware of a Higher Power and Intelligence that is flowing through my intelligence, and I now call upon this Power to work through me to make a difference and to prosper. My Life is Good! And so it is.

6 Finding Who You Truly Are

13 Going Beyond Limitations

20 As Within, So Without

27 The Joy of Being

Friendship Sunday Brunch

The first Sunday of each month

Please join us at the Hilton Hotel (across from the Spa Casino on Tahquitz). Special price \$7.95 to InnerFaith members and guests! All are welcome.

Healing Service

9:30 AM each Sunday morning

Facilitated by the Ministerial Team; experience healing energy and the joy of deepening spirituality

Centering Meditation

By Musicians

9:50 AM each Sunday Morning in the Sanctuary Theater.

Prayer Ministry

Rev. Ed DiNicola will assist you with your prayer request at the prayer table in the foyer and pray with you personally if you desire.

Canned Food Drive

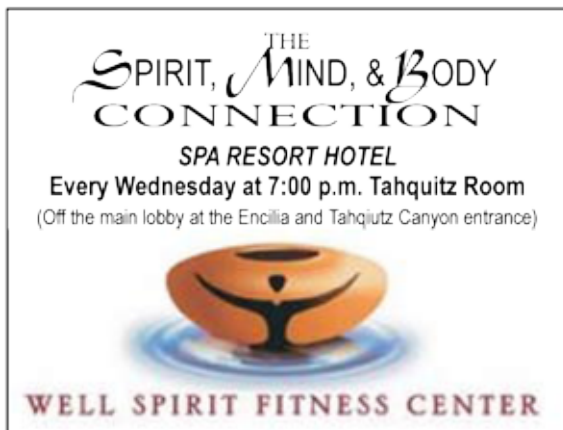
Chaplain Lloyd Brushett collects canned goods for our partner in charity at The Well in the Desert. Please leave your canned food donations at the designated place in the foyer.

Founder's Circle

Become a member of the Founder's Circle. Join today by tithing \$100 or more a month over your regular contribution. To join, write Founder's Circle on your check. Talk with Rev. Lloyd Brushett at 770-9263 about the miracles that come from giving to a Purpose larger than yourself.

THE MINISTERIAL TEAM

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Rev. Sharon Gibson.....	760-992-9682
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MARCH

5th – Marsh Engle – Ignite the Power of Possibilities – A Practical Guide to Living Your Vision Now!

Creative Development Expert Marsh Engle believes that each and every one of us has a unique calling of greatness. That's exactly why she's developed six essentials that show you how to clarify your vision, recognize optimum opportunity and live your vision nearly immediately! So, don't wait an instant! Join us for a chance to unleash the power of possibilities through six practical tools that are guaranteed to open you to fresh insight, reveal new opportunity, and allow you to live your full potential, now!

12 – Rev. Ed DiNicola – An Introduction to Kabbalah

This presentation, based on *The Way* by Rabbi Michael Berg of The Kabbalah Center in LA, will look at how the ancient wisdom of Kabbalah can lead to spiritual transformation and fulfillment in our daily lives. Kabbalah is the esoteric ancient Jewish mystical interpretation of the Bible. Kabbalah states: "In the beginning there was God, but before the beginning there is no place that God

was not." Rev. Ed, the Director of the Innerfaith Prayer Ministry and a spiritual counselor, has been interested in Kabbalah for many years. He is a graduate of the New Seminary in New York City, and was ordained at St. John the Divine Cathedral in 1997.

19 – HOLY WEDNESDAY – METAPHYSICAL PASSOVER SEDER SUPPER

This Ancient Ritual will share the joy of freedom and the blessing of community Presented by Dr. Sharron, the Ministerial Team, and the Innerfaith Community.

26 – Joseph Sheehan – 2012: The Mayan Calendar and the Transformation of Consciousness

The calendar is associated with 9 creation cycles, each representing the 9 levels of consciousness. The calendar is a spiritual device that enables us to understand the nature of evolution throughout human history and how we can align ourselves with this growth toward enlightenment. Joseph, who was a monk for 25 years, holds a masters degree in Holistic Health from J.F.K University in California. He also studied Western Spirituality at St. Mary's University in Texas along with Eastern Spirituality at Vidyajoti Institute in New Delhi. His inner quest led to his study of astrology which he feels provides a profound tool for gaining insight into the Soul's evolutionary journey.

APRIL

2nd – Denise Myers – How Our Choices Change the World

Join Denise to learn more about her book which is fueled by the Eleven Fundamental Principles of Choice. This workbook is designed to help people

make positive empowering choices in their daily lives. It is an excellent tool for those who are just starting their positive journey, for those who just need a reminder of how much power we really have, and how being positive can change your life and that of those around you. Denise will inspire you to make every day choices count. She is also a Reiki master teacher, intuitive, and a third generation Tea leaf reader.

9– Kathleen Tumpane – Designed for Slimness; 5 Simple Ways Your Home Helps You Become and Be Slim

Even if the idea that the design of your home has an affect on your ability to create a life with a slim body sounds silly to you, why not consider that it could? What if 30 minutes to move food around in your refrigerator made healthy meal and snack choices more likely? What if the first thing you see on entering your home, your kitchen, etc. supported your slim desires? What if the 15 minutes to do the 5 Element Personality Profile freed you from the guilt for not doing exercise you abhor and led to the discovery of exercise you actually enjoy! What if you discovered the joy of supporting your slim desires as you let go of stuff you don't even like? You are invited to join in the fun when Kathleen Tumpane, author of Slim House Slim Body, feng shui master and intentional designer shares how easily you can have a life Designed for Slimness.

16 – Esther Kennedy – Seeing with Sacred Eyes

”Nothing here below is profane for those who know how to see. On the contrary, everything is sacred.” Teilhard de Chardin. Called to live into the deeper and higher consciousness that we are capable of as human beings, we gather to cultivate the capacity to view our lives, our relationships and our world with Sacred Eyes.

Esther Kennedy, MA is an LCSW and Director of Spirit Mountain Retreat in Idyllwild, Ca. Join us to

experience her wonderful work which facilitates and guides us on our own path of awakening and of living from our deepest selves.

23 – Ardice Farrow – The Trap of the Mind

Come prepared to roll up your emotional sleeves and dig deep into the nature of the unconscious ego mind. Join Ardice, an inspired speaker and agent of change, in this uplifting, compelling evening where we will explore the simple premise that -- to be human is to have a mind, an ego and an identity that separates and distinguishes us from others and that left unattended for a moment the mind will seduce and trap us into identification, attachment and pain. To be Divine in human form is to be-friend the ego mind. Discover how to honor and celebrate the mind for its ability to distinguish the glorious diversity of life and at the same time free yourself from its endless trap of scarcity and separation.

30 – Peter McGugan – Consciousness

Peter McGugan is a best selling author and meeting planners have rated him among the country's top motivational speakers. In 2007 he discovered a portal to higher consciousness. His discovery soon attracted the attention and approval of the Dali Lama. You'll discover the profound healing and well being that returning to your consciousness delivers. You'll learn how consciousness is the permeating energy that orchestrates everything. And you'll experience how returning to consciousness melts away fears, turmoil, confusion and anxiety. Lifting your consciousness lifts your life. This mind opening presentation is sponsored by the Emily Andrews Foundation.



CONGRATULATIONS DR. SHARRON

Marsh Engle, founder of Women in Broadcast Media presented Innerfaith's own Dr. Sharron Stroud as Esteemed Feminine Leader of the Year at The Raw Spirit Awards hosted at Amazing Woman's Day on February 9, 2008 in Los Angeles, California. The Raw Spirit Awards were created to honor the most compelling voices in feminine leadership. The mission is to raise the profile and recognize women who are transforming leadership through contributions in business, media, education, spirituality, health & well-being, and culture across the nation and around the world.

The Raw Spirit Awards and Amazing Woman's Day was presented by Women in Broadcast Media, an organization dedicated to advancing opportunities for women through creative development, resources and connections. Woman's Day 2008 and THE RAW SPIRIT AWARDS were hosted at the Skirball Cultural Center, a Los Angeles, California facility that seeks to welcome and inspire people of every ethnic and cultural identity in American life.



The celebration of Amazing Woman's Day was first established by Women in Broadcast Media founder and author Marsh Engle. As the activities, programs and outreach of the Amazing Woman initiative has expanded over the years, the core mission remained the same: To serve as a unifying symbol of women everywhere who wish to bring a sense of value and purpose to their life, their community and the world. It was in March, 2001 that women first joined to establish the Amazing Woman's Day initiative by gathering in ten cities throughout the United States. In 2002 the celebration grew to 50 cities and was awarded a United States Congressional Proclamation that established Amazing Woman's Day as a nationwide initiative to celebrate the ingenuity and creativity of women everywhere. Since that time, the Amazing Woman's Day initiative has served to inspire thousands across the nation.

We would like to congratulate Dr. Sharron on this prestigious honor. It serves as a reminder of how lucky we are to have Dr. Sharron as our spiritual leader. We are truly blessed.

LETTERS

Hi Dr. Sharron:

Once again I say THANK YOU for an absolutely beautiful message this morning. Without question what I heard today was “over-the-top” and so very touching to my soul. I am extremely grateful to have had the opportunity to be one in the congregation today. During your message you discussed gratitude. Almost everyday when I awaken and see the beautiful mountains and the gorgeous sky I give thanks that I have been given the opportunity to live in Palm Springs. Only those of us who live here know how I feel, the gratitude I experience on a daily basis for just those two things. I have been blessed for certain.

So, thank you. I am filled with gratitude because I have met you. I am filled with gratitude because I get to hear your message each Sunday. I am filled with gratitude because I know you are such an important part of my life. I am filled with gratitude because I have the opportunity to assist you and Innerfaith Ministries Worldwide.

Look forward to seeing you Wednesday!

Love and Light,
Carl

Dear Sharron,

Congratulations on your well-deserved RAW SPIRIT AWARD. Bravo! We celebrate you!

Best always,
Sandy and John Brewer

Congratulations Sharron,

So proud to share you as our minister and know that you are definitely Raw Spirit!

Love,
Terre and Kate

The Sweet Truth
about Diabetes

DID YOU KNOW?

Type 2 diabetes is fast reaching epic proportions in America! More than 20 million people have been diagnosed with the disorder, and an estimated 18 million more are living with the disease, but have yet to be diagnosed.

Get checked now!

Save the Date!


A Day of Hope
for Diabetes®

8 a.m. - 4 p.m., Saturday, April 19
Annenberg Center for Health Sciences
at Eisenhower



EISENHOWER MEDICAL CENTER
DESERT DIABETES CLUB

www.emc.org/ddc

For More Information
760-773-1578

The Day of Hope, a unique opportunity to learn more about Diabetes:

- 27 Speakers
- 25 Exhibitors
- 30 Prizes

FREE to the Public
VOLUNTEERS NEEDED
Contact Chuck Fasillis
760-992-9682

VOLUNTEERS IN PROGRESS

Hello Everyone,

I am writing this column in an effort to attract more of you to volunteering in one of the many positions here at Innerfaith Ministries Worldwide. Volunteering does not mean you have to commit several hours a week, instead you can choose to volunteer once a week or once a month, whatever fits into your schedule. In fact, the ideal is to have a few people in each position in order to rotate responsibilities.

When I came to this church, eight months ago, I felt accepted right away but it wasn't until I started volunteering that I actually got to know people by name and felt a real part of this wonderful community. There's a lot of talent here and plenty of volunteering opportunities to match individual interests so, won't you consider volunteering for one of the following positions? Just remember, "The same opening you give through, is the same opening you receive through", doesn't apply just to money.

Denise Haslam
Co-Volunteer Coordinator

- Bookstore
- Clean-up and maintenance
- Community Outreach
- Computers
- Decorating
- Greeter on Sunday or Wednesday

- Hospitality
- Musicians
- Office Work
- Prayer Ministry
- Public Relations
- Sacred Theater
- Setting up/Taking down stage setting and decorations for church on Sunday and Wednesday Night Live
- Singing
- Sound
- Special Events
- Tape Department
- Travel
- Usher
- Other – New positions come up all the time. If you have a talent you would like to share please let us know.

Volunteer Coordinators

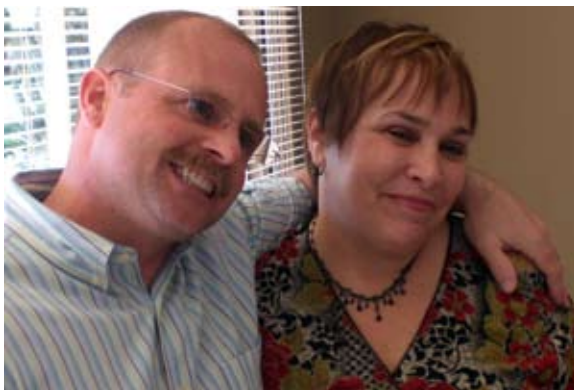
Martin Anthony – (760) 445-3511

Donna Britton – (760) 668-9133

Denise Haslam – (760) 567-3818



CELEBRATING FOUNDER'S DAY



**GOURMETS
FOR
G O D**
Pot-Luck Dinner

April 11th on Friendship Friday at 6:30 PM

At
Carl Keith and Chris Porter's Home
1567 E Twin Palms Drive, Palm Springs
1 block above 111 off of Sunrise
Land Mark is Smoke Tree Shopping Center

Please Sign-Up in the Lobby or call Carl at: 322-8837



Roger Bambenek, CBT, M.Ed.
Phone 760-641-1245

Healing Modalities
EPFX/SCIO
Biofeedback
Chemical &
Heavy Metal
Detoxification
Theta Healing

1220 E. Del Paso Way
Palm Springs, CA 92262
EPFXBiofeedback@gmail.com

*Men's
Spirituality Group*

Facilitated by
Trent Blanchard

Saturday, march 8th at 11am

At
Koffi

515 N Palm Canyon Dr Palm Springs, CA 92262
(760) 416-2214

GET A (LIKE NEW) HOME FOR UNDER \$150,000



Choose from two gorgeous modular homes that have been completely gutted and remodeled from head to toe. New Dry Wall ceilings with can lights, brand new gourmet kitchen with all new stainless steel appliances, brand new bathrooms with all new fixtures and new plumbing and electrical. Gorgeous ceramic tile that looks like stone, new dual pane windows.....and More More More..... MUST SEE. Park required over 55. Rent controlled \$475 and \$520 for 2nd house. No other HOA, No Property Taxes. Each have indoor/outdoor garden room adding 400-500 sq ft. One house is 1530 sq ft the other 1248 + garden room. Each have private parking, storage sheds. One is on the green belt. The other has a very private back yard.

These homes will sell fast at \$149,500.

Call Martin Anthony for private showing
(760) 445 3511



**PRICE REDUCED & 10,000
 A STEAL @ \$136,500**

Located right off the 111 and Golf Club in Palm Springs View Estates

Garage Sale

FUND-RAISER

Saturday

April 26th 7 AM-Noon

Pass on the Treasures you want to give to our Interfaith Ministry Annual Garage Sale FUND-RAISER!

**SPONSORED BY NANDO & MIKE
 1166 VISTA CHINO, PALM SPRINGS**

(Between Chaballard & Henricha across from the Division One Middle School)

Drop off Dates:

April 21st Monday - April 25th Friday
 6:00 PM - 9:00 PM

Sign-up to serve
 at the sale!

You will receive a Non-Profit
 Credit upon request



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