

The InnerFaith Light



A NEW THOUGHT COMMUNITY
Dr. Sharron Stroud Co-Founder



Volume 1, Issue 9, September 2005

A Time To Remember That Time in September



Dear Spiritual Partners,

Bruce Bellingham, of the Examiner Staff has written, "September is the month that all songwriters love. It provides the right sort of wistfulness, the invitation to the autumn, the farewell to rambunctious summer dalliances and the realization that the months and the years do inevitably

slip from our grasp. ... The poets revel in this sort of exquisite pain. That's their job. They take time out to suffer professionally. The rest of us just go back to work ... or back to school ... and consider the cascade of holidays ahead of us and wonder: Will a costume still be available for Halloween? ..".

The old classic *Try To Remember That Time in September* sung by Morgana King is still a favorite of mine. My late husband Neil Stroud and I were married in September and it became *our* month. Our First Anniversary was spent making the trip to Palm Springs and taking the old Tram up to the Top of the World for dinner, and thinking at 22 years old that *I had arrived!*

I remember drives up the coast, Solvang, the Madonna Inn, and of course, San Francisco. So many beautiful summers to reflect upon.

However, as we peer through the window of the *New Millennium* we have much to absorb. The gravity of September 11th hit us hard as a nation and a people. The threat of terror lurking about and the loss of our innocence became something

that we became more deeply and painfully aware of. Wars, rumors of wars, political unrest, and a deeply intense soul searching began to come to the fore.

Joseph Campbell, the world renowned anthropologist of note discusses in Cosmic terms the Hero's Adventure. This encompasses humanity itself at the point of birth. He states that we have three segments of our life's path which are: The Preparation, The Journey, and The Return. The Hero's Adventure begins by saying "Yes!" to life.

A hero is often considered to be someone born with outstanding ability, courage, and bravery. But are heroes really born that way... are they superior beings?

Some heroes you are familiar with have forged their strength and character through their experiences. Their bravery and courage are developed in spite of fear and human failings.

Dorothy in *The Wizard of Oz* must travel with her companions to develop qualities of courage, heart, and brain before she can return home with a new appreciation for her loved ones. And in the film, *Titanic*, Rose must learn to take hold of her own life and make it truly her own.

Television has its share of action heroes and battles between the good guys and the bad guys. But perhaps you could also think of these stories and images as reminders of the heroic nature of your own individual journey--no matter how ordinary you may think your own life is.



Many artists have depicted the hero's journey as a great battle with evil or a quest for something sacred that will help their community. Other heroes must complete a bigger-than-life task. We love these stories! Gawain, Percival, and Galahad quest for the Holy Grail and Jason for the golden fleece. Hercules must complete twelve nearly impossible tasks as an act of penance.

A familiar theme in paintings is Michael slaying the dragon. In our own lives, the dragons we meet are not so much breathing fire *on* us as breathing fire *in* us. Our dragon might be an illness or a loss or a great fear. Or perhaps we have to conquer self-doubt. Slaying the dragon can be an important metaphor for our inner quest for peace, truth, love, and wisdom.

What are *your* dragons?

Sometimes, the hero's journey involves learning to believe in ourselves and our ability to play our part. We may even need to grow into and accept our ability to lead others, overcoming guilt or confusion--you remember Simba in *The Lion King*? Joseph Campbell taught that the hero's journey is primarily a journey to the center of yourself, an inner journey to wholeness and understanding.

So it's possible to see your entire life as a hero's journey. And at the end of your life, you have the opportunity to look back with wonder, awe and compassionate understanding at all that you have learned and experienced. Your hero's journey begins with birth and it continues through many adventures. It's all in how you look at things. Remember: When you change the way you look at things the things you look at change!

Namast'e & Love,

Dr. Sharron Stroud

The Ministerial Team

Rev. Arline Hoover	760-360-8919
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After Church Social in the Camelot Theatre Upper Room...

Special Events:

Science of Mastery Mini-Classes

Tuesday Evenings

Begins: October 4th-November 22nd at 7:00 PM

Location: 1359 E Caleta Way, Palm Springs

Science of Mastery II Location to be Announced

Why Take Classes? Isn't coming to Church each Sunday enough?

The basic principles we study are profound, but not necessarily easy to embody and practice in our daily lives. Sunday morning is where we hear about our potential, but the classroom is where we experience practical application of the principles.

The ongoing process of regular Science of Mind class attendance is where we begin to embody a true change in our consciousness.

What happens in class?

The dynamics in the Science of Mind classes offer fertile ground for growing new ideas. Each Science of Mind class takes on an energy of its own which stimulates the individual's mind.

Through lectures, discussions, and workshops, the student learns how to personalize the same metaphysical principles used by spiritual masters throughout history.

Is there tuition for classes?

Yes. Taking a Science of Mind class requires a commitment of both time and money. The truth is, little can be achieved without commitment. Your financial and emotional investment are important for change.

What will you learn?

1. You will learn about your unity with an infinite power for good which you can use.
2. You will learn how to apply universal principles in your daily life and get results.
3. You will learn the art of positive prayer called Spiritual Mind Treatment
4. You will learn the value of daily spiritual disciplines and commitment.
5. You will learn that you have found new friends and relationships with your classmates - people who think as you do.
6. You will learn you really can create a new life by changing your thinking and beliefs.

Rev. Sam Satkin will be facilitating Science of Mastery I. The tuition is \$100.00 a 10 % discount for couples and seniors.

Dr. Valjean McGinty will be facilitating Science of Mastery II. The tuition is \$100.00 a 10 % discount for couples and seniors.

September Theme: The Adventure of Life

- 4 **Your Journey of Awakening** Friendship Sunday, Bring a Friend with us to brunch at the Hilton, 1/2 price for the Innerfaith Family!
- 11 **The Ego: Protecting the Inner Child** Coffee and Friendship Upstairs at the Camelot Upper Room.
- 18 **The Soul: Entering the Mysteries** Coffee and Friendship Upstairs at the Camelot Upper Room
- 25 **The Self: Expressing Ourselves in the World** Coffee and Friendship Upstairs at the Camelot Upper Room

September Wednesday Healing Arts Faire

- 7 **Frederic Delarue** - performing his sacred meditations in beautiful original scores inspired by his Angel Encounter at 11years old.
- 14 **Vincent Barra** - Psychic and Master Teacher Barra has taught Reiki for the past 20 years. A dedicated and caring teacher with more then 4,000 student teaching and healing worldwide.
- 21 **Mari Mendoza** – Medicine Woman and Shaman will take us around the Medicine Wheel to make crystal clear our Intention to Harvest.
- 28 **Rev. Arline Hoover – Automatic Writing** - Automatic writing is the process, or product, of writing material that comes from the Spiritual Guide of the writer. Rev. Arline guides us through its history, uses, and nature.

October Theme: The Science of Life

- 2 **The Universe And You!** Friendship Sunday, Bring a Friend and join us for brunch at the Hilton Hotel, 1/2 price for the Innerfaith Family!
- 9 **The Universe and Your Thought!** Coffee and Friendship Upstairs at the Camelot Upper Room

- 16 **Fill Your Mind With What You Want!** Coffee and Friendship Upstairs at the Camelot Upper Room
- 23 **Trust Your Invisible Power!** Coffee and Friendship Upstairs at the Camelot Upper Room
- 30 **The Science of Life and You** Coffee and Friendship Upstairs at the Camelot Upper Room

October Wednesday Healing Arts Faire

- 5 **Frederic Delarue** – Frederic states: “The Angels appeared to me during a Near Death Experience at age 12. My Music is nothing else but God expressing His Loving Power through me.” An evening of inspired, original scores to lift us to the angelic realms of unconditional love.
- 12 **John-Claude Koven – Author of GOING DEEPER, How to Make Sense of Your Life When Your Life Makes No Sense.** In this period of extreme uncertainty, it is urgent that humankind embrace a larger mythology than its present teachings offer. We must discard the conclusion that we are powerless in an infinite universe...it is time to awaken and greet a dawn we have never before encountered. ~Jean-Claude Koven
Koven leads us through his work of mystery and creativity as he shares his philosophies and beliefs in discussion of spiritual and world events including his thoughts on 9/11.
- 19 **Rev. Sam Satkin – How The Science of Prayer Works** – Rev. Sam takes us on a journey through the realms of Cause and Effect and shows how the Principles of Life work the way we work them. Rev. Sam's dynamic energy field heals and uplifts all who attend with her power and presence. In Rev. Sam's own words: “Wrapped in the passion of motions... Prayer is the longing, the desires, we hold in our heart and in our mind. In all actuality, we never stop praying.”
- 26 **The Power of the Spoken Word** – This evening will feature our Ministry of Prayer and the tremendous demonstrations that they have witnessed. Faith is explored as a power for good, and fear as its' flip side.

Storms in Life

by Galo Kostka

I remember the storms in. During the summer months, we would often see clouds giving us advance warning of pending storms.

Sometimes thunder and lighting preceded the pelting rain. The wind would swirl and hail would accompany the rain at times. I remember feeling safe inside the house, sometimes in the basement if tornado funnels could be seen in the sky. I loved the feeling of having the family all gathered closely together, sheltered and safe from the storm.

In winter, the snow replaced the rain and the temperatures were bitterly cold. The winds howled and

shook the house, but I felt safe inside. The family would congregate, often in the dining area to share a warm meal. There was a cozy feeling of the family gathered together, protected from the storm. I often view events such as illness, accidents and disease as a different type of storm in our lives. When these conditions prevail, I go inside to the place of quiet and calm.

Through the power of prayer, our family is united and comforted knowing we are surrounded by the love of God. That precious presence and the love we have for one another is all we need to weather this type of storm.

There are many types of storms and different seasons in life. Through all kinds of storms, comfort comes from togetherness and knowing God has a plan; and He is with us through any kind of storm..

News of things going right...

Dear Rev. Sharron;

My partner and I both have been blessed by your ministry in so many ways it is hard for me to adequately express my gratitude in words. Ever since leaving Utah I have been searching for a small group that reflects my own ideas and feelings about true spirituality and loving communion in God. I truly feel that I have found the Kingdom of the Father that IS spread upon the earth which men do not see in your ministry... My friend in Utah is desperately seeking what your ministry is providing me and so many others here.

Bless you for all you do.

Ted and Bill

Thank you for another tremendous message this morning. Cathy and I enjoyed the talk, and we both noticed the congregation is growing. Norman's musical gifts are wonderful and the brunches at the Hilton are always enjoyable. Today I had both bread pudding and cake. Double dessert, can't get much better than that for a person with a sweet tooth (that would be me).

Thank you again for everything. Have a wonderful week!

With love and appreciation,

Galo



Life

Life is beauty; appreciate it.
Life is a dream; realize it.
Life is a challenge; meet it.
Life is a commitment; complete it.
Life is a game; play it.
Life is a sorrow; feel it.
Life is a song; sing it.
Life is potent; accept it.
Life is an adventure; risk it.
Life is luck; make it.
Life is a puzzle; solve it.
Life is opportunity; take it.
Life is a gift; open it.
Life is a mission; fulfill it.
Life is precious; live it!



Editor's Kitchen

Cooking, and particularly cookies, uniquely communicates love from heart to heart. When combined originality, elements of tradition, and just plain goodness cooking conveys an unavoidable message of caring and esteem.

This recipe recreates a mutant chocolate chip cookie I ran into a some years ago. The allegedly "family secret" recipe remains secret, but I ran home to my kitchen and began baking. A number of less-than-ideal batches later the Troll House Cookie was born.

A big fiber filled cookie laden with a cornucopia of flavors, good hot out of the oven with the chocolate still soft, but just cool enough so it doesn't burn the tongue. and good out of the tupperware container after three days on the road. Not, perhaps, the ideal health food, they stick to your ribs and keeps a smile on your face.

Troll House Cookies

2-1/4 Cups All-Purpose Flour

1 tsp Baking Soda

1 tsp Salt

2-1/3 Cups Old-Fashioned Rolled Oatmeal (dry)

1 cup (2 sticks) butter

3/4 cup granulated sugar

Mix together and set aside flour, salt, and baking soda. Pre-heat oven to 375F. Whip butter, granulated sugar, and brown sugar together until creamy, then add eggs, one at a time. Slowly beat in flour mixture, then oats. Add first butterscotch, then chocolate chips, taking care not to overflow the mixing bowl as you blend them in.

3/4 cup packed brown sugar

1 tsp Powdered Vanilla

2 large eggs

4 cups chocolate chips/chunks (24 oz.)

2 cups butterscotch chips

Place cookies in approx 1" balls on clean cookie sheet, and bake for 9-11 minutes, remove from oven, and allow to cool. Freezes well.

Bon Apetit!

Make it Happen!

by Rev. Sam Satkin

For years I was always looking outside of myself to find something to fix whatever was going wrong in my life. Rather whatever was going wrong with me. That is until I came to the realization that..."if you cannot find the truth right where you are...where do you expect to find it?"

Overcoming negative experiences can be your path to success through life's birth canal. It is the level of difficulty, that the path you have chose, requires of you. It is your story of conversion of what you are to what you desire to be. And for some of us it is the story of "how you beat the odds, and made it; in spite of everything."

Ernest Holmes says... "if you abandon your principles in the time of need; then you did not know them in the first place." Our walk on the negative path does not call for any cosmetic facelift; but it is a "Soul Make-Over". It is not a political gerrymandering of your boundaries, but a shattering of them. It coaxes us into a death defying resurrection. It is our metaphysical creative fitness program.

The words, "You must be born again" is not being preached at you on a Sunday morning. But, something within you is constantly spurring you on. Like an angele uttering a cosmic insistence with the plans of our unfulfilled dreams and aspirations rolled up under its' arms.

To live fully and creatively, to contribute what is only ours to give requires that we be receptive, wholly to the reverbrations of each present moment. Even anticipation of what may transpire next can prejudice our minds and our level of

awareness. I have never known a champion that programs into his Intents failure, or self doubt.

He is aware that there could be problems, or you can call them challenges, along the way. The champion is one who builds on his Intents and knows that every situation is a learning one. He has the faith and belief in himself that there is not any situation that he is not thoroughly capable of handling.

Win or lose, he is the "Spiritual Warrierr" for himself. He truly believes in his own Infinite Power. In this way the actual situations of life are fully realized.

It is only in the now that we find our cues to proceed along the pathchosen for us. So, that we can begin to play the game of life that we were meant to play since the time we were born.

Classes will be starting soon. This was and is always an exciting time for me. Teaching what I believe as the truth; and always basing my reality on "There is something I don't know yet... the knowing of which would change it all!

There will always be frontiers to explore. A continual cosmic treasure hunt in this wonderful expanding life that we live. Are we not blessed to know of and live our lives with this Spiritual Knowledge...We Can Make It Happen!

Namaste

Love and Light,

Rev. Sam

*God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.*

CELEBRATE WITH US

Camelot Theater

760-318-3196

Baristo & Farrell in Palm Springs

Every Sunday Morning at 10:00 Am

Guided Meditation at 9:30 AM

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