

The InnerFaith Light



A NEW THOUGHT COMMUNITY
Dr. Sharron Stroud Co-Founder



Volume 2, Issue 2 May-June 2007



Dear Spiritual Partners,

Considering recent national events, our May theme on Miracles seems more than appropriate. Napoleon Hill, author of Think and Grow Rich has stated:

"Every adversity, every failure, every heartache carries with it the seed of an

equal or greater benefit."

When we look at the nature of miracles we discover that they occur in direct proportion to the beliefs that we hold. The Course in Miracles states: *"Miracles are natural when they do not occur something has gone wrong."* The so called "wrong" in this is what we believe about our lives and what is possible.

When Jesus stood before Lazarus and he said, "Lazarus, come forth!" he didn't say, "Well, when you feel like it in three days, hopefully, maybe"...none of that! He said, "Lazarus! COME FORTH!" and he awakened the Christ Consciousness within him and he came forth. They had pronounced him dead for four days and that energy came forth! He spoke to the Life Force.

Will we come forth? What will it take? We don't need to be dead to "come forth". We can start right where we are to come forth. It's a new day, a new opportunity. One of my Sunday School teachers said to the Sunday School class years ago, "Now, what did Jesus say to Lazarus?" One of the little boys raised his hand. "What did Jesus say to Lazarus?" she asked. He just stood up and said, "Jesus just said, Lazarus! Come out with your hands up!"

Whatever works, right? Whatever works, however, we need to speak to that Life Force within each other and not allow anyone in our energy field to be less than who they are in our presence and to speak words that absolutely are going to forward and advance the consciousness of humanity. We have an Innerfaith Ministries bumper sticker that says: WE SUPPORT YOUR MAGNIFICENSE!

I was once told that a small congregation in the foothills of the Great Smokies built a new sanctuary on a piece of land willed to them by a church member. Ten days before the new church was to open, the local building inspector informed the minister that the parking lot was inadequate for the size of the building.

Until the church doubled the size of the parking lot, they would not be able to use the new sanctuary. Unfortunately, the church with its undersized lot had used every inch of their land except for the mountain against which it had been built.

To build more parking spaces, they needed the mountain out of the back yard. The minister announced the next Sunday morning that he would meet that evening with all members who had "mountain moving faith" to hold a prayer session asking God to remove the mountain and somehow provide enough money for paving and painting before next weeks' opening dedication service.

At the appointed time, 24 of the congregation's 300 members assembled for prayer. They prayed for nearly three hours. At ten o'clock the minister said the final "Amen". "We'll open next Sunday as scheduled," he assured everyone. "If we have the faith of a grain of mustard seed then nothing shall be impossible unto us!"

The next morning as he was working in his study there came a loud knock at his door. When he called "come in", a rough looking construction foreman appeared, removing his hard hat as he entered. "Excuse me, Reverend. I'm from Acme Construction Company and we're building a shopping mall. We need some fill dirt. Would you be willing to sell us a chunk of that mountain behind the church? We'll pay you for the dirt we remove and pave all the exposed area free of charge, if we can have it right away. We can't do anything else until we get the dirt in and allow it to settle properly."

The little church was dedicated the next Sunday as originally planned and there were far more members with "mountain moving faith" on opening Sunday than there had been the previous week!

Would you have shown up for that prayer meeting? Some people say faith comes from miracles. But others know: Miracles come from faith.

Namast'e and Love,

Dr. Sharron Stroud, Co-Founder

THE MINISTERIAL TEAM

Rev. Trent Blanchard	760-481-4445
Rev. Arline Hoover	760-360-8918
Rev. Lou & Lloyd Brushett	760-770-9263
Dr Sam Satkin	760-327-9610
Rev. Sharon Gibson	760-992-9682
Rev. Roger Bambenek	760-318-9977
Dr. Valjean McGinty	760-341-2511

A Call for Help

Hey, Dr. Sharon,

I need help getting people to play in a golf tournament for Variety Club to raise money for wheelchairs. It's gonna be May 10 at Palm VALley Country Club, and is tied in with Variety International's convention which is at Grand Champions concurrently.

Can you help me get some players? Variety Club needs your help! I've attached the flyer for it. Thanks!!!

Bob and Donna Brown
Virginia Cook & Associates
Email: bobbrown@earthlink.net
760-568-9426
Bob cell 760-774-1417 Donna cell 760-861-2041

Moment of Refection: On Love

"We are not responding to this instant if we are judging any aspect of it. The ego looks for what to criticize.

This always involves comparing with the past.

But love looks upon the world peacefully and accepts.

The ego searches for shortcomings and weaknesses.

Love watches for any sign of strength. It sees how far each one has come and not how far he has to go.

How simple it is to love and exhausting it is always to find fault, for every time we see fault we think something needs to be done about it.

Love knows that nothing is ever needed but more love. It is what we all do with our hearts that affects others most deeply. It is not the movements of our body or the words within our mind that transmits love.

We love from heart to heart."

-- Maharishi Mahesh Yogi

Men's Spirituality Group

by Lee Friend



I want to thank everyone for attending our very first Men's Spirituality Breakfast. It was great to be able to meet so many wonderful men and share about ourselves in such a positive environment. We were very blessed that Marna and Eric, members of the Innerfaith Community, welcomed us to their charming restaurant, Café Scandia. The food and service was absolutely top notch. I strongly recommend that everyone visit Café Scandia sometime soon.

On a personal note I am very grateful and blessed for the opportunity to serve as the facilitator of the Men's Spirituality Group. Since starting with Innerfaith I have needed to find a purpose within the church. Serving as the facilitator for the group is an important part of my journey of self discovery and upward spiraling. Both Mack Rogers and Ed DiNicola have been very helpful in helping me discover in which direction to lead the group.

We each walk our own paths. While we share the same view from the mountain top, it is wonderful to have fellowship with other men wanting to share with one another our amazing journeys.

The Men's Spiritual Group offers a unique opportunity for men from all walks of life to gather together and share our common experiences in a positive and accepting environment. Through our bonding we form relationships with others that further and enrich our own lives.

During our first Men's Spirituality Group we voted on that we should meet every other month. On the months we won't be having a breakfast, those interested can attend an informal, coffee get together at Koffi on Palm Canyon Drive. The social gathering on the alternate months provides a great way to mingle and share more casual. The group will meet on each "Second Saturday" of the month.

At future Men's Breakfast events after eating we will take time to "check in" with one another and share a little about ourselves, followed by a different topic of discussion each time – sharing our different journeys through the spoken word, learning as we look at them together.

Our next Men's Spiritual Group meeting will take place on Saturday, May 12th at 10 am at Koffi on Palm Canyon Drive in Palm Springs. We can meet and enjoy coffee and pastries outside in their beautiful patio area. This will be a very informal get together where we can get together and visit and enjoy our fellowship.

On June 9th we will meet once again at Café Scandia at 10 am sharp. Marna and Eric will again be serving a special breakfast with a menu they have created just for our group. Reverend Ed DiNicola will assist in leading a fascinating discussion of the beliefs and principles of Buddhism.

The price is \$12.00 for this gourmet breakfast fare; advance payment is preferred, but not mandatory. To RSVP, please see Mack Rogers upstairs in the Camelot Room at the Volunteer's Table after Sunday service or call me, Lee Friend at 992-3841.

I encourage all of the men in our Innerfaith family to join us for the Men's Spirituality Group. If you have any questions or would like to volunteer with the group feel free to email me at LeeJFriend@gmail.com

Letters

Dearest Sharron,

I just want to acknowledge you for all the wonderful things that you create and put out into our glorious Universe. Mack and I were truly moved last night by our guest speaker Kathleen. We would never had that experience along with all the rest of the guest that you have introduced us to.

Last night was a very eye opening and spiritual experience. The spiraling upward experiences keep coming faster and faster. I know for myself that the more aware of the God Presence within me and surrounding me the faster I seem to be spiraling upward.

Everything starting with my birthday at Le Vallurius, Holy Week, including Peter Rabbit are all experiences I will never forget. I am truly grateful for all these wonderful experiences along with the Science of Mind classes, Sacred Service, Sunday Messages. I always knew I had a greater purpose in life and I realize this because of you and my spiritual community.

I know that prosperity and abundance are mine because of the Divine Presence within me and because of the Christ Self within me as well. I Am constantly in the presence of love. I have given into love instead of fear because of my experiences with you and for that I am eternally grateful. Thank you for loving me and knowing the truth for me.

Love,

Scott Prior

Good Evening Dr. Sharron,

I first wanted to say how excited I am to help facilitate the Men's Spiritual Group. I am feel very blessed just for the opportunity.

I also wanted to share a "moments" with you. On Sunday when I got out of the car to go into the church it was really windy, with blossoms blowing about and some landing in my hair.

I went in for the meditation and felt my neck tickle. Thinking it was just a blossom falling out of my hair, I reached to remove it and saw it was a bee. I am allergic to bees was quite alarmed. I placed it onto the floor and it crawled away. I was in awe

that it hadn't stung me – if I had known it was a bee on my neck and not a blossom I would have gotten scared and slapped it. Had I done that it surely would have stung me and perhaps there would have been a different outcome.

After the meditation I didn't think much more of the bee. Then as you spoke you shared how the bumble bee doesn't know that he can't fly. Maybe I am just perceiving things in my mind, but the idea that on the same day I discovered a bumble bee on my neck and then you shared the tale of the bumble bee, really makes me think that I was receiving a divine message.

For so long I have been afraid of things, that I might not be able to accomplish things. Perhaps the universe was letting me know that I, too, can fly like the bumble bee :-)

Wow, it's a great world.

Peace,

Lee

Dear Dr. Sharron:

I talked with Rev. Howard this morning. Yes, he is well..

He is teaching a class on "the Holy Spirit and interpretations from the bible..This is being held at St. Margaret's church in Palm Desert...

Last night was his first class and he had six students show up...one couple had taught Buddhism at Pepperdine college...Yes, it was an educated and inquisitive class that came to see this ordained Religious Science Minister...

When he spoke of many paths to God...he read them your poem...Well, it seemed everybody wanted a copy...

He was excited ...and nervous...But there is that Divine Courage that Belief that we step forward and announce who we are and what we believe....It rather reminded me of very much like someone we know speaking at the church.....

This is one of the things I so admire about you and how you are your own person, and are strong in your beliefs and your faith in our "way of life".

Blessings

Dr. Sam

Volunteerism

Mack Rogers, Volunteer Coordinator and Minister-in-Training



Dear Innerfaith Family,

Blessings to you all!

As you probably already know, I am now “officially” serving Innerfaith as our Volunteer Coordinator. I am extremely delighted to be of service to the community of people that I sincerely love! Additionally, with so many programs, events, and activities here at Innerfaith, the need for committed, caring individuals for sacred volunteer service is huge!

This is why I am seeking YOUR help! If you currently do sacred service as a volunteer for Innerfaith, thank you so much! You are needed and appreciated. If you currently do not volunteer, and you’ve considered helping out your spiritual community with some of your time and talents, please make yourself known to me!

I will match you with a volunteer position that best utilizes your talents on a regular, rotating basis (like once or twice a month for example).

Experience the true “joy” that happens as a result of volunteering (sacred service) for your Innerfaith family. Something “shifts” when you do this and suddenly it means a lot to selflessly serve your “chosen” family with love and joy.

It becomes like a prayer when you release your ego and allow your faith to deepen as you willingly serve our community of love. You will discover that what you get back from the Universe is again directly correlated to your intention of higher good for others.

My personal promise to you is: that you will personally grow and gain exponentially more in your life when you engage in volunteering at Innerfaith.

SO LET’S HAVE AN INNERFAITH VOLUNTEERS PARTY!!!

Who: All Current Volunteers and Interested Potential Volunteers, and Ministerial Staff

What: A Volunteer Information and Appreciation BBQ/Potluck

Where: Mack Rogers Home:

35624 Felicity Place, Cathedral City (In Serenity Cove, a gated community. The gate code is 043.)

RSVP @ 328-6764 or mackrogersps@aol.com

When: Friday Night, May 11th, from 6 to 8PM

What: A meeting for new and current volunteers with a feast of barbecued delights, salads, and beverages.

Everyone is invited to come and learn what sacred service is all about. We will discuss how we can most effectively work as a team to honor our faith community, welcome newcomers, support our ministries (both internal and outreach), enhance our spiritual experience, and help our membership to grow to overflow capacity.

Please join us! We are all ONE, and “We shall go higher yet!”

Yours in Christ-ed Consciousness,

Mack Rogers

ANNOUNCEMENTS

Friendship Sunday Brunch

The first Sunday of each month



Please join us at the Hilton Hotel (across from the Spa Casino on Tahquitz). Special price \$7.95 to InnerFaith members and guests! All are welcome.

Healing Service

9:30 each Sunday morning facilitated by the Ministerial Team. Experience healing energy and the joy of deepening spirituality.

Centering Meditation By Musicians

9:50 AM each Sunday Morning in the Sanctuary Theater.

Children's Ministry

10:00 each Sunday morning

Prayer Ministry

The prayer table in the foyer. Rev. Arline Hoover will assist you with your prayer request and pray with you personally if you desire.

Founder's Circle

Become a member of the Founder's Circle. Join today by tithing \$100 or more a month over your regular contribution. To join, write Founder's Circle on your check. Talk with Rev. Lloyd Brushett at 770-9263 about the miracles that come from giving to a Purpose larger than yourself.

Flower Power

Bring flowers to honor a special occasion for the service. Take them with you when you leave to brighten your day!

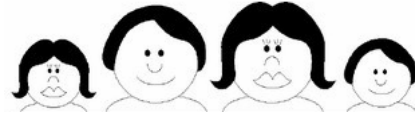
Men's Group

Breakfast group meeting 10 a.m. on the 2nd Saturday of every other month (June 9th next breakfast) with coffee at Koffi on alternating months. To RSVP, see Mack Rogers at the Volunteer's Table after Sunday service or call Lee Friend at 992-3841.

Women's Empowerment

Led by Dr. Sharron Stroud. 6:30 PM veggie pot luck and vital discussion from. Sign up in the foyer.

Volunteer



A big thank you to all the VIPS (Volunteer's In Progress) who make this ministry happen! Call (760) 328-6764 or mackrogersps@aol.com to become a volunteer.

Food Drive

Chaplain Lloyd Brushett collects canned goods our partner in charity at The Well in the Desert. Please leave your canned food donations at the designated place in the foyer.

CELEBRATE WITH US



May Services

Theme: Miracles in May

As I step into the Miracle of my life I know that I Am happy, healthy, prosperous and free!

6 - The Meaning of Miracles - Friendship Sunday - bring a friend and join us for brunch at the Hilton.Hotel

13 - You Can Be A Miracle Worker

20 - Miracles Are Everyone's Right

27 - ARE YOU MIRACLE READY?

June Services

Theme: The Spiritual Path

As I continue on the Spiritual Path I know that God goes before me and prepares the way and I attract the good, the true, and the beautiful in all areas of my life! And so it is.

3 - The invitation to Grow - Friendship Sunday - bring a friend and join us for brunch at the Hilton.

10 - You and Your Intuition

17 - The Path of Spirit

24 - The Path of Peace

THE SPIRIT, MIND, & BODY CONNECTION



WELL SPIRIT FITNESS CENTER

SPA RESORT HOTEL

Every Wednesday at 7:00 p.m.

Tahquitz Room

(Off the main lobby at the Encilia and Tahquitz Canyon entrance)

May

2nd – My Favorite Miracle - Dr. Sharron Stroud and the Innerfaith Prayer Ministry, Rev. Roger Bambenek, Rev. Trent Blanchard, Rev. Lloyd Brushett, Rev. Sharon Gibson, Rev. Arline Hoover, Dr. Valjean McGinty, and Dr. Sam Satkin, will share their favorite miracles and the Mystic Quality that accompanies the Sacred Synchronicity of each experience.

9 – Ahriah Vocare M. A. – Step Into a Miracle with Ascended Masters, Archangels, and Angels As an Archangel and Ascended Master Channel, it is Ahriah Vocare's great joy to assist others in re-remembering that they are God in Form. Ahriah works with high performance individuals deeply committed to their own excellence. Using intuition, spirituality and the disciplines of coaching, Ahriah partners with her clients to clarify, align and act on what is truly important to them in life. Using a bold, fresh and authentic style, she serves as a facilitator and a practitioner for her clients.

16 – Marsh Engle – The Six Essentials: A Practical Guide to Discovering Your Creative Brilliance - Marsh blends energy, creativity, and intuition into a practical guide of self discovery. In this very moment you are creative beyond measure. Limits only exist where we believe they exist - our creative flow is always present and its power is absolutely attainable. Through a collection of highly effective, easy-to-follow exercises, visualizations and contemplation practices, THE SIX ESSENTIALS is a creative discovery guide to help you learn to:

- Expand and enhance your natural expression
- Spur clarity of an inspiring new life direction
- Let go of resistance and open to fresh opportunity
- Gain trust in your innate intuition & creative brilliance
- Unleash the power to attract your deepest desire

Marsh invites you to order THE SIX ESSENTIALS today and gain the awareness, wisdom and power of your creative radiance now!

23 – Thomas Lyons- Modern Day Mystic: A Psychic & Spiritual Journey Through a Not Quite Ordinary Life - Author and radio personality Thomas Lyons, states in his book: "A mystic is someone whose very existence is an immersion in the Divine Mysteries of Life. Every major religion has its mystics scattered amongst the general population. Hinduism has its Yogis, Christianity its Gnostics. Jews have Kabbalah. Islam, its Sufis. From these modern times all the way back to the most ancient of days, many true mystics have been what might best be described as 'freelancers'. 'What is God?' and 'Why are we here?' If these are the questions that daily fill your heart and mind, you may be a spiritual seeker. If, however, you feel the Divine Presence gives you regular glimpses behind the veil of life's illusions, you may, in fact, be a mystic."

30 – Frederic Delarue – Healing With the Angels –

Frederic, a native of France was involved in a life-altering car accident at age 11, in which he encountered angels and beings of light. Experience the miracle of angelic healing through the medium of original scores with Composer Frederic Delarue, composing from the soul with the angels.

June

6th – Patrick Harrington – Voices From the Other Side - Patrick, a beloved Innerfaith member, television and radio reporter, and third generation clairvoyant, shares the art and science of his psychic gifts and give some readings to the audience upon request.

13 Joseph Sheehan– Astrology and Synchronicity - Joseph Sheehan holds a Masters Degree in Holistic Health from J.F.K University in California. He also studied Western Spirituality at St. Mary's University in Texas along with Eastern Spirituality at Vidyajoti Institute in New Delhi. His inner quest led to his study of astrology which he realized provided a profound tool for gaining insight into the Soul's evolutionary journey.

20 – Summer Solstice Celebration - Dr. Sharron Stroud- The Summer Solstice is a time of light and fire. It is a time to reflect upon the growth of the season and the seeds that were planted in the earth and the seeds planted in the souls. It is a time of cleansing, renewal, love, and growth.

27 – Share Starwas –The Tarot - From the time she was 3 years old, Share was having psychic experiences. Raised part time by her Native American grandparents, she was encouraged to talk about the spirits she encountered and the colors she saw around people. She is a highly respected psychic and teacher, and an ordained minister, Reiki therapist, and holds a Doctorate in Metaphysics.

MARK YOUR CALENDAR

Special Events at InnerFaith



Science of Mind classes are held year-round. From the basic studies of Truth to advanced meditation techniques, you'll find just the right class to advance your growth.

Innerfaith Ministries is a campus of Emerson Institute. Emerson Institute believes that learning is a lifelong experience and that to fully grow spiritually, emotionally, intellectually and socially, the individual needs to be "open at the top," as Ernest Holmes stated..

EXPECT A MIRACLE ONLINE

From the text of A Course In Miracles and a spiritual explanation from Dr. Sharron Stroud.

www.innerfaithworldwide.com/miracle.htm



Good Morning!

This morning when I awakened,
And saw the sun above,
I softly said, "Good morning, God,
Bless everyone I love."

And, right away I thought of you,
And said a loving prayer,
That He would bless you especially,
And keep you free from care.

I thought of all the happiness
A day could hold in store.
I wished it all for you because
No one deserves it more.

So, as you go about your day
Remember that I thought of you
And sent you Loving thoughts and prayers
To let you know that someone cares!

Have a Blessed Day!

Hello Dr. Sharron,

I wanted to share a small story with you. This morning when you had told me the story about the caterpillar and the butterfly it was so cute.

Then tonight, Rod and I were swimming in the pool. I noticed a leaf floating in the pool. I am not one to ever notice a leaf. I picked it up and look at its odd shape. Then my fingers rubbed on it, and I notice that the leaf was actually in half. I unfolded it and it was the absolute perfect shape of a butterfly. Absolutely beautiful!!!

I am looking forward to assisting with the Easter baskets. I just wanted to inquire to see if there was anything needed for the baskets?

If there is, please let me know, and I will pick it up.

Thanks

Lee

Innerfaith Now at VillageFest!

Every Thursday 6:30 PM

Join Gary Emerson, Minister-In-Training and Ambassador of Innerfaith Outreach, for a great evening of sharing the Message.

We are aligning for Tahquitz & Palm Canyon for the Booth location, however, Frederic Delarue said that it is in terms of seniority!!!

The longer we are there the greater the move up to Tahquitz!

Come and Support this wonderful endeavor!

Call Gary at: 416-7927 or e-mail him at: geinps@aol.com

The City of Palm Springs has established a non-profit schedule and our next booths on June 7/14/21/28.

The Secret

By Trent Blanchard

www.trentblanchard.com



Dear Life Coach Trent,

I recently saw "The Secret" on Oprah and really got excited with the possibility of manifesting all that I want in life. The thing I am confused

about is why so many people are skeptical of this powerful information. Do you have any idea why?

Signed, Excited and Confused

Dear Excited,

I first must say how extremely thrilled I am that the concept of "The Secret" reached such widespread recognition on Oprah. She is doing a great service by bringing such empowering information forward and I wholeheartedly honor her for the massive contribution she is making to our planet.

The information in The Secret is nothing new, in fact has been around since the beginning of time. The principles are ancient wisdom that many of our world's great minds have embraced and successfully utilized in their own lives, including DaVinci, Galileo and yours truly! The reason the producer calls it "a secret", is because only a relatively few people know about the principle, also known as "the law of attraction" and how it works. Because of this movie/book, the world now consciously has the knowledge to take control of their lives and manifest whatever they want!

So, how does The Secret work? In a nutshell, the law of attraction says "you get more of what you focus on" or "what you focus on, expands."

Since everything in the world is energy, including human beings, it is about the vibrational frequency we put out into the Universe. From the vibes you put out, you will so receive accordingly. If you want more of something in your life, like love, focus on it within yourself and within your own life, and you will subconsciously vibrate at a very high frequency, and then will attract the same loving vibration back to you- either in person or situation. Doesn't that sound great? It is amazing stuff and I am blessed to report that it has worked brilliantly for me for the many, many years I have been applying it.

With that being said, you can probably see how this principle could be a rude awakening for many because it means having to take responsibility for what we currently have in our lives. If any area of your life that is not positively working, you need to take action to change it, because it is a result of what you have been focusing on, which more than likely are negative things and hence, have attracted more of the same. What the law of attraction says is start by looking at what you are thinking about and if it doesn't bring you positive feelings, change the thought and redirect it to a more positive one. If you do this, I guarantee your life will change for the positive. How do I know? Because it's the law!

The problem with The Secret, which I believe is making people skeptical, is two fold. First, it primarily focuses on manifesting material things, versus focusing on what is most important, the feeling that comes when you have such a thing. In other words, it is not necessarily about owning a brand new Mercedes convertible, but instead about the desire to feel sexy, wealthy or special, that you think will come if you have it. What we must do is work on creating those feelings within ourselves without the material things, otherwise we set ourselves up a dangerous because those things can and will go away- leaving us alone and again empty!

Secondly, The Secret says that in order to have whatever you want in life all you have to do is

walk through a three step process. 1) Ask for what you want through setting an intention or goal, 2) Believe it is going to happen, because your thoughts have immense power and if you think it will happen, it more than likely will, and then be prepared to 3) Receive. In my humble opinion, what they have left out is the ever important step of taking 4) Action.

The fourth step, in my opinion, is crucial to having what you have "asked" for come to fruition. The Universe shows up at the point of your action, so in order to get what you desire, you need to get off your butt and walk towards the goal. Here, I encourage people to create a list of small action items that can be done, while simultaneously, focusing on the positive feeling of having the thing. Be aggressive in getting what you want, not passive. Action always brings results.

Regardless of what the skeptics say, I think the producers and teachers involved with the making of The Secret have done an amazing job of bringing a very powerful principle forward to the world. The fact is, if you use their 3 step process, you very well might manifest great things into your life, but the good thing is, even if you don't, you will feel good about focusing on what you want during the process. How can feeling good hurt anyone?

I do, however, firmly believe if you include the fourth step, taking action, you can almost certainly manifest whatever you want in life or even better, manifest something far beyond what you dreamed possible. Take that from someone who knows from personal experience!

Agreements

Everything we do is based on agreements we have made - agreements with ourselves, with other people, with God, with life.

But the most important agreements are the ones we make with ourselves. In these agreements we tell ourselves who we are, how to behave, what is possible, what is impossible.

One single agreement is not such a problem, but we have many agreements that come from fear, deplete our energy, and diminish our self-worth."





Wisdom



Two Wolves

One evening an old Cherokee told his grandson about a debate that goes on inside people. He said, "My son, the battle is between 2 "wolves" inside us all.

One is Evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

The other is Good. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith."

The grandson thought about it for a minute and then asked his grandfather: "Which wolf wins?"

The old Cherokee simply replied, "The one you feed."

InnerFaith Ministries Worldwide

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