



# THE LIGHT

THE MAGAZINE OF INNERFAITH MINISTRIES WORLDWIDE

Dr. Sharron Stroud - Founder

September/October 2009

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*INWARD,  
OUTWARD,  
UPWARD  
ONWARD*

Dear Spiritual Partners,

I have discovered a formula for Success that I would like to share with you. It comes from the ancient Chinese Characters depicting life's journey. The four basic ingredients are Inward, Outward, Upward, and Onward.



***INWARD:***

**The meaning: contented; tranquility; undisturbed; having peace of mind**

The inward journey to success begins right where we are. Through study, discipline, and commitment the fulfillment of our highest vision, our deepest desire, and our most ardent goals are realized.

By sitting quietly and envisioning our success as an "already accomplished" fact in mind and experience, it will materialize. You see, the subconscious mind does not know a real experience from an imagined one. This has been demonstrated in countless ways by people who have undergone hypnosis and are told that the end of a pencil is a lighted match and a blister will actually appear on the skin. Was it a lighted match? No! However, the subconscious mind received it as a lighted match and the brain carried the message to the outer epidermis and the blister appeared!

Just think of what the Law of Mental Equivalents can do if the auto suggestion is one of our deepest desires!

There's a Hindu legend that says we were all once gods. But eventually we abused our powers. The chief

god, decided to punish us by taking away our Power. He called a meeting of the other gods to figure out where to hide our Power. One god suggested hiding it deep beneath the earth. "No," The chief god said, "man will just figure out a way to tunnel miles below the surface." Another god suggested hiding our Power at the bottom of the ocean. "No," The Chief god responded, "man will just learn how to dive to the seabed." A third god came up with the idea of placing our Power on top of a towering mountain. "No," The Chief god said, "man will just climb every tall mountain on the planet until he finds it." Stumped, the other gods told the chief god that they gave up-there didn't seem to be any place to hide humanities Power and keep it out of our reach so that they would not abuse their Power. "Wait," The chief god said with a smile. "I've got it! We'll hide humanities Power deep within themselves-there they will never look!" Since then, the legend states that humanity has spent ages digging below the earth, diving to the sea floor, and climbing tall mountains, looking for something that's already within them."

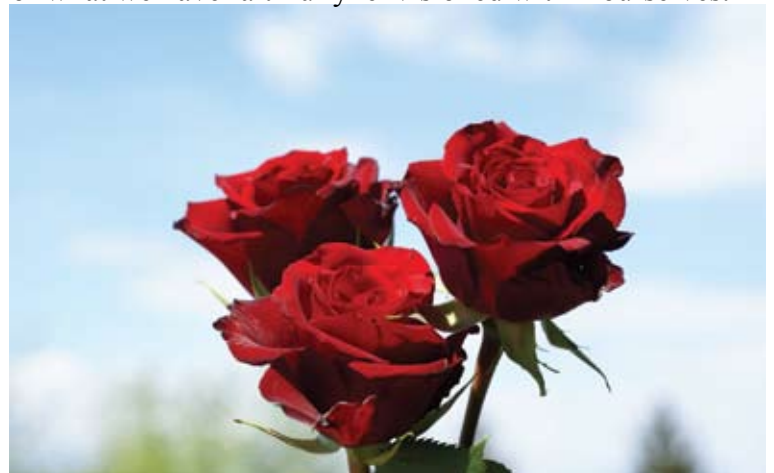


***OUTWARD***

**The meaning: to Accomplish; to Achieve; to Complete; to Succeed; Success**

Once we have mastered our inner awareness we move outward into the relative world of people, places, and things. We have put into the Law of Mental Equivalents what we want to demonstrate. We know the only tangible thing in life are results!

With this in mind we can see that where thought goes energy flows! The outward expression takes form out of what we have faithfully envisioned within ourselves.



This process magnetizes our success and through the Law of Attractions brings it forth.

As we remember that the universe is made up of impulses of energy and information, we direct our thoughts through the Master Mind Principle of creating a support group to assist in the manifestation process. Where two or more are gathered together creates a synergy that sends forth our Life Plan and creates it.

Bruce Lipton, author of *Biology of Belief*, realized that his research showed single cells responded not only to their pre-programmed DNA, but also to environmental signals and energy. Higher beings, including humans, are composed of millions of higher order cells, but he realized that multiple cell organization still operated on the same basics of single cells. Human behavior, health, and happiness is based on a combination of DNA and environment, which includes human thoughts and beliefs. Most fascinating about these findings is that there is a correlation of the research findings of quantum physics and biology to conclude that quantum science, when adapted to cell biology research confirms the essence of the law of attraction, that humans attract circumstances based on thoughts and emotions. Humans are not pre-programmed by DNA with respect to health, behavior, or success.

**DO THE THING AND YOU HAVE THE POWER!**

**DECLARE DAILY:**

The right people and the right connections necessary to advance my Success are delivered to Me now. I Am continuously organizing and packaging My Gifts and Talents and extending them into the marketplace and others are benefiting from their expression, and I am generously compensated Spiritually, Materially, Emotionally and Holistically for their manifestation in my life here and now.

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**UPWARD**

**The meaning: Victory; Success; to Win; to Triumph; to Surpass**

An Ancient Master once said: "If I be lifted up from the earth I draw all men unto me." Our vision must be on our Higher Purpose, Deepest Desire, and most Ardent Goal, while living in the moment. We know that Action plus Intention bring about Manifestation. Moving on the

Upward Spiral keeps us conscious of the "mountain top" realizing the journey is just as important. Creating the space for the larger picture brings it into focus.

"I have learned, that if one advances confidently in the direction of his dreams, and endeavors to live the life he has imagined, he will meet with a success unexpected in common hours."

- Henry David Thoreau

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**ONWARD**

The Meaning: to Enter; to Proceed; to Go Ahead; to Move Forward

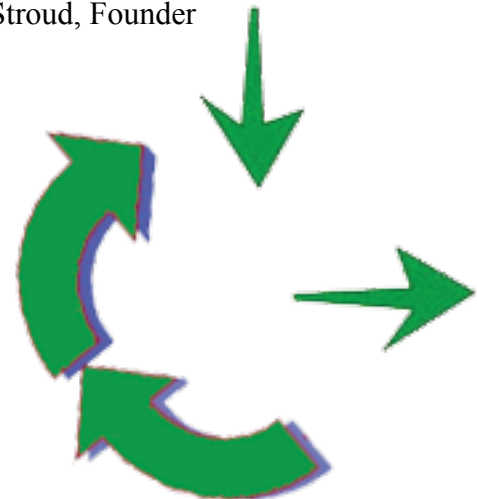
As we "keep on keeping on" with our mission we discover that persistence pays off with dividends of demonstrations and manifestations of all the energy we have invested. To move forward in the face of every kind of experience is to acknowledge the commitment we have made and our willingness to see it through!

A beautiful poem by Calvin Coolidge depicts this magnificently:

*"Nothing in this world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education alone will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent."*

**We Are Going Higher!**

Dr. Sharron Stroud, Founder



# The Mindset of Prosperity



By Sharon Michaels

People who enjoy abundance and wealth have learned to nurture the “mindset” of prosperity. A prosperous mindset encourages day-to-day thoughts and actions that foster the attitude of financial success. Prosperity is not only a state of financial well-being; it is

also a state of mind.

Here is the Dictionary.com definition of prosperity: a successful, flourishing, or thriving condition, esp. in financial respects; good fortune.

Here are other words associated with prosperity: abundance, accomplishment, benefit, fortune, plenty, prosperousness, riches, success, successfulness, the good life, thriving, wealth, and well-being.

Take a few minutes and answer these two questions:

1. What words, thoughts or feelings come to mind when you think of being financially prosperous?
2. What does prosperity or being prosperous mean to you?

Here is a powerful success truth: You will only allow yourself to succeed financially if you believe you are worthy and deserving of financial success.

Before you go on, let me repeat that statement - You will only allow yourself to succeed financially if you believe you are worthy and deserving of financial success.

In other words, you will only become as prosperous and financially successful as you “believe” you are emotionally and physically worth. The inner perceptions of your financial worth either become a prosperity or poverty mindset. These inner beliefs you have about achieving and enjoying prosperity, will determine your outward financial success and abundance.

Here is another powerful success truth: Your most consistent day-to-day thoughts, emotions and actions about

enjoying money will determine how much money you’ll have to enjoy. Yes, it is that simple!

1. What do you believe are the most consistent thoughts, emotions and day-to-day actions of someone who possesses a poverty mindset? Write a few of them down.

2. What do you believe are the most consistent thoughts, emotions and day-to-day actions of someone who possesses a prosperity mindset? Write a few of them down.

You can see for yourself the differences between the mindset of someone steeped in thinking about what can’t be accomplished financially and the mindset of someone who focuses on unlimited financial possibilities.

A prosperous mindset encourages day-to-day thoughts and actions that foster an attitude of financial success.

Here are a few suggestions for cultivating a prosperous mindset:

- \* Surround yourself with prosperous people - people with the mindset of prosperity.
- \* Visualize and affirm your ability to enjoy prosperity in all aspects of your life.
- \* Read or listen to some of the classic books on prosperity consciousness:
  - \* Think and Grow Rich by Napoleon Hill
  - \* The Power of the Subconscious Mind by Joseph Murphy
  - \* The Richest Man in Babylon by George S. Clason
  - \* Acres of Diamonds by Russell H. Conwell
  - \* As A Man Thinketh by James Allen
- \* Regularly read or listen to wealth development magazines, books and audio programs.
- \* Attend seminars, classes and workshops on prosperity, abundance and wealth.
- \* Eliminate any leftover poverty conscious thinking and actions from your life!

People who truly enjoy abundance and wealth have learned to nurture the “prosperity mindset”. Prosperity is not only a state of financial well-being; it is also a state of mind.

# Opportunity Beckons

“The role of a spiritual teacher is to consistently point to the limitless possibilities available to us,” says Dr. Beckwith, frequent guest on The Oprah Winfrey Show, and the founder and spiritual director of the



Agape International Spiritual Center in Los Angeles.

“People want to know about their purpose, why are they here on the planet?”

It’s the question that won’t go away, because the answer reveals that we are here to wake up, to discover our true nature - our gifts, talents and capacities - and to express them. That’s why we’re here.”

## Spiritual Cinema Circle

Now for a limited time only you can receive Spiritual Liberation plus 3 additional films FREE\* when you sign up for a trial membership of Spiritual Cinema Circle.

Spiritual Cinema Circle is a truly transformative monthly DVD club. Each month you’ll receive 4 extraordinary, inspiring films from independent filmmakers - movies you won’t find at your local cinema-plex - delivered to your home. The DVDs are yours to keep.

\* Try the first month for FREE\* and then pay just \$21 (the price of 2 movie tickets) monthly!

\* NO RISK - Keep the movies and cancel your membership at any time

\* EXCLUSIVE - Get the filmmakers’ perspectives during engaging discussions with Stephen Simon (director and producer of Academy Award-winning What Dreams May Come)

\* BONUS feature - Enjoy inspirational interviews with Louise Hay, Jack Canfield, Neale Donald Walsch and other thought-leaders, only available to club members



## THE INNERFAITH MINISTRIES WORLDWIDE MINISTERIAL TEAM

Dr. Sharron Stroud, Founder	(760) 318-3196
Rev. Chaplain Rich Cress	(760) 320-4453
Rev. Chaplains Lou & Lloyd Brushett	(760) 770-9263
Rev. Chaplain Roger Bambinck	(760) 318-9977
Rev. Arline Hoover, Minister Emeritus	(760) 360-8918
Dr. Terre York	(760) 799-4256
Dr. Ted Telford	(760) 416-7489
Linda Orrick	(760) 464-9054
Carol Evans	(760) 902-4320
Denise Meyers	(760) 220-8405
Mike Burger	(760) 409-7939

## ANNOUNCEMENTS

### Friendship Sunday Brunch



#### The first Sunday of each month

After church, the first Sunday of each month, join Dr. Sharron and the Ministerial Inner-faith Team at The Rock Garden Café at 777 S Palm Canyon Dr in Palm Springs. Special

price \$11.95 to InnerFaith members and guests! Please join us. All are welcome. Spiritual Community is created by breaking bread one with another!

### Healing Service

9:15 each Sunday morning facilitated by the Ministerial Team. Experience healing energy and the joy of deepening spirituality.

### Centering Meditation By Musicians

9:35 AM each Sunday Morning in the Sanctuary Theater.

### Children's Ministry

9:45 each Sunday morning

### Prayer Ministry

The Ministry of Prayer is here to serve you. A member of our Prayer Team will assist you with your prayer request and pray with you personally if you desire. If you have the Faith as a grain of mustard seed all things are possible unto you! Ask and ye shall receive!

### Founder's Circle

Become a member of the Founder's Circle. Join today by tithing \$100 or more a month over your regular contribution. This works out to \$3.25 a day to be a Founder! To join, write Founder's Circle on your check. Talk with our Treasurer, Ted Telford about the miracles that come from giving to a Purpose larger than yourself.

### Flower Power

Bring flowers to honor a special occasion for the service. Take them with you when you leave to brighten your day!

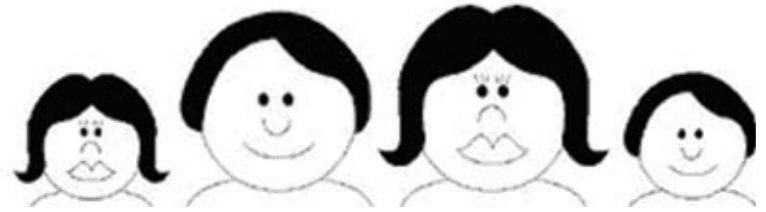
### Men's Group

6:30 PM pot luck hosted by various members of the Inner-faith Community on a quarterly basis. Innerfaith Ministries Men's Spirituality Group, creating a group of Spiritually Minded Men Who Gather Together to make a Positive Difference for Themselves and Innerfaith Ministries Worldwide!

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### Women's Empowerment - led by Dr. Sharron Stroud

6:30 PM veggie pot luck and vital discussion from Dr. Clarissa Pinkola Estes. Sign up in the foyer.



### Volunteer

A big thank you to all the VIPS (Volunteer's In Progress) who make this ministry happen! You are a gift, loved and greatly appreciated. See Martin Anthony our Volunteer Coordinator or call 760-318-3196 to sign up.



### Food Drive

Chaplain Lloyd Brushett collects canned goods for our partner in charity at The Well in the Desert. Please leave your canned food donations at the designated place in the foyer.

### CELEBRATE WITH US

#### September - Sunday Theme and Topics

I Ask and I do receive; I Seek and I Find the Answer; I Knock and the Door is Opened unto me. My Success is assured. And so it is..

September Sunday Theme: **ASK AND YOU WILL SUCCEED**

6 - Living Your Dream

13 - Goals and God

20 - Commitment and Creation

27 - Quantum Breakthrough

#### October - Sunday Theme & Topics

I live from the space of my Divinity and know that Spirit goes before me and prepares the way! I and my Father/Mother God are One! And so it is.

October Sunday Theme: **THE DIVINE MATRIXS**

4 - The Divine Matrix

11 - We Are Powerful Creators

18 - Listening to the Message of the Universe

25 - The Mirror of Relationship

## THE SPIRIT, MIND, & BODY CONNECTION



WELL SPIRIT FITNESS CENTER  
SPA RESORT HOTEL

Every Wednesday at 7:00 p.m.

*Tahquitz Room (Off the main lobby at the Encilia and Tahquitz Canyon entrance)*

**September:**

**2nd – June Davidson – Are You Living Your God-Given Talent?** – You are born with many talents, however one is more predominant. Based on ancient wisdom and characteristics formed around your wealth, you have a Dynamic Wealth Profiling. Living and working in your talent attracts the right people to support you and all of you will become wealthy. God wants all his children to have abundance and wealth rewards for the efforts and it is not work when it is in your talent.

**9 – No Wednesday Nite Live Service in honor of Labor Day.**

**16 – Steven Morrison – Fun With Grief and Loss** – Steven Morrison, author of *An Extra Year: Grief and Loss in the New Age* and creator of the Spiritual Workout,™ shares his own experience in the wake of his partner's passing. Morrison moved through and beyond his loss and ultimately experienced the joy that comes with spiritual growth.

**23 – Jani McGuire – The Truth, and Nothing But The Truth!** – Why are we so afraid of our truth? What stops us from being truthful with ourselves, and with others? Learn about what YOUR truth is, and how to know it, speak it, and live it, every day! The truth will set you free! Jani McGuire, MTT is a dynamic speaker, facilitator and leader. She is a published author, founder and CEO of AYM, Awakening Young Minds, Intuitive Life Coach, founder of W.I.S.E. Women's Inner Source of Empowerment, and Director of the teen group at the Westlake Center for Spiritual Living. Jani has a unique intuitiveness and the exceptional ability to bring out the best in those she works with. She has been in the field of transformational, experiential learning for 18 years.

**30 – Robin Masiewicz – FlowerWisdom: Awaking to Our NatureSelf** – Robin Masiewicz will be our guide as we explore our inner most Gardens. Come learn to harvest your passions and blossom with a new vibrancy and beauty of our sexually driven NatureSelf. FlowerWisdom is a fun and insightful way to bring a new sense of flowering with all pos-

sibilities to all aspects of our lives. Robin has been a professional florist for over 30 years. As a curious and connected individual, she has also been a student of the many spiritual teachings and divination traditions.

**October:**

**7th – Daryl Frazier – The Structure of Magic** – Magic is the process of creating willful change in yourself and/or in your environment. As a magician creates change, he follows certain rules either consciously or unconsciously. There is a theory behind the techniques of magic. Some of the assumptions (laws) of magic include; association, attraction, balance, cause & effect, connectedness, creation and the union of opposites. Daryl L. Frazier is a certified Master practitioner and Trainer of Hypnosis and NLP. He is also an affiliate of the Association for Integrative Psychology in Honolulu, Hawaii.

**14 – Rev Basia Durnas, MMQ – The Secret Life of Our Cells – What Future Do Your Cells Hold for You?** – Join Reverend Basia for this engaging and energizing lecture on health and aging. No matter how consciously aware we may be, in some areas of our lives we can become prisoners of our past. It is time to take charge of our future in the Now, being ever present to life as it unfolds. Learn how to unlock and transform cellular memory. Our cells hold the key to our experience of life. A harmonious, fulfilled life is as close to us as our own cellular encoding. In service to Humanity for over 40 years, Rev. Basia is a Health-Full Living Expert, practicing Energetic Medicine based in New Thought Principles and the ancient art of Chinese Medical Qi-Gong.

**21 – Nickie Nicolas – Integrating Exercise with Meditation** – 'Chi' exercise is for those who aren't able to move as fast as they used to. This is the optimal exercise for those who are recovering from any kind of physical injury or for people who love to meditate, but don't really like to exercise. 'Chi' exercises can be done lying down, in a chair, on one foot or two. Don't let your knee or back problems stop you from exercising. For those who may have immune difficulties, this is the perfect exercise for you. This is not Tai Chi or Qi Gong and there are no movements to be memorized. This eclectic class teaches you how to incorporate meditation and physical exercise. Nickie is accredited by the National Academy of Sports Medicine as a Professional Fitness Instructor.

**28 – Allison Maslan – Blast Off to New Heights!** – Allison Maslan of Blast Off! weaves together motivational stories, strategies and specific action plans to help people to tap into their life purpose and manifest it in ALL areas of their lives, from business, to health, to finding the love of your life. Allison is the author of the newly released book, *Blast Off! The Surefire Success Plan To Launch Your Dreams Into Reality*. She is a life and career coach, homeopath, international speaker and trapeze artist. She's helped hundreds of people identify and reach their life and career goals.

For Greater Detail, Please Review Our Website at:  
<http://innerfaithworldwide.com/celebrate.htm>

# *Best Of Palm Springs 2009*



*Dear Spiritual Community and Friends of InnerFaith -*

*We wanted to share this news with you! Your commitment made it happen! We all make a difference!*

*The InnerFaith Office Support Team*

*Dear Dr. Sharron Stroud,*

*For the second consecutive year, I am pleased to announce that Innerfaith Ministries Worldwide has been selected for the 2009 Best of Palm Springs Award in the Places of Worship category by the U.S. Local Business Association.*

*Nationwide, only 1 in 70 (1.4%) 2008 Award recipients qualified as 2009 Award Winners. I'm sure that your selection as a 2009 Award Winner is a reflection of the hard work of not only yourself, but of many people that have supported your Ministry and contributed to the subsequent success of your organization. Congratulations on your selection to such an elite group of small businesses.*

*In recognition of your achievement, a special 2009 Best of Palm Springs Award has been designed for display at your place of Worship. You may arrange to have your award sent directly to Innerfaith Ministries Worldwide.*

*The USLBA "Best of Local Business" Award Program recognizes outstanding local businesses throughout the country. Each year, the USLBA identifies companies that we believe have achieved exceptional success in their local community and category. These are local companies that enhance the positive image of small business through service to their community. We acknowledge the contribution that Innerfaith Ministries Worldwide has made to the greater Palm Springs area.*

*Sincerely,*

*Ashley Carter*

*Selection Committee Chair*

*U.S. Local Business Association*

# *Letters from Leaders*



June 28, 2009

Dear Dr. Stroud,

It is with sincere pleasure that I congratulate you for receiving The Woman of the Year Medal of Honor for the United States of America!

This is a very distinguished honor of which you should be quite Proud, as I can think of no one more deserving of this prestigious award in our community.

Thank you, on behalf of the constituents of the 45th Congressional District, for being such an exemplary leader and role model. I Am Certain You will continue to represent the United States with great poise.

Again, congratulations on this wonderful accomplishment!

Sincerely,

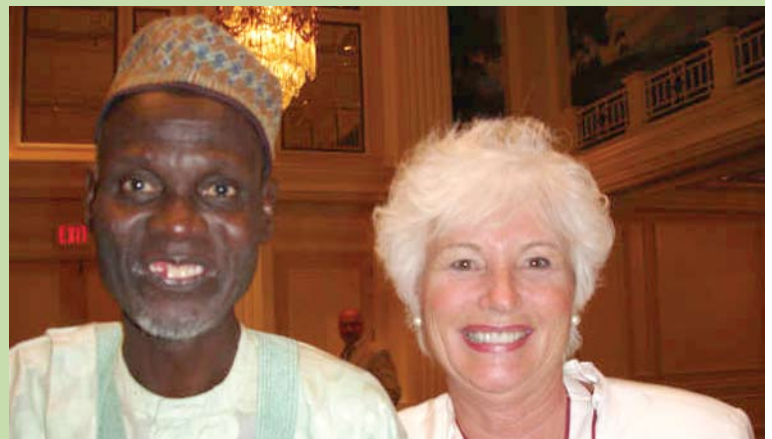
Mary Bono Mack  
Member of Congress

# *OUR COMMUNITY*



Rev. Yoshi and Rev. Basia traveled in from the L.A. area to attend the Washington, D.C. Reception

Professor Bashir Ahmad Ikara from Nigeria, on the closing night of the World Forum.



Doctoral Celebration with Rev. Michael Kearney at the Racquet Club Center for Spiritual Living.



Dr. Sharron, daughter Tricia, and grandson Tyler Neil at Dr. Sharron's Birthday celebration.

# CELEBRATES

Desert Idle Fleet Easton with the Famous Bunn Sisters from Joshua Tree Doing their annual Duo at the Leo Birthday Party Talent Show!



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Carl and Ed at the Washington, D.C. Reception

Network Mavin Robbie Motter and the gals from the Inland Empire!



# Certificate of Recognition

City of Palm Springs, California

*Dr. Sharron Stroud is a world renowned inspirational lecturer and teacher dedicated to healing the planet and promoting world peace.*

*Dr. Stroud will be an Ambassador for the United States of America World Forum on June 29, 2009 in Washington D. C.*

*The City of Palm Springs is proud that Dr. Stroud has served as the Spiritual Leader of InnerFaith Ministries Worldwide in Palm Springs since 2001, showing leadership, humanity, and compassion for all.*

*On behalf of the City of Palm Springs and the City Council, I am honored to recognize Dr. Stroud's outstanding contributions, and pay tribute to her being chosen as the recipient of the Woman of the Year Medal of honor for the United States of America 2009.*

*Presented this 28<sup>th</sup> day of June 2009.*



*Councilwoman Ginny Foat*

*A Special Message  
From Louise Hay*

## *Float on the Oceans of Life*



“My Philosophy”

We are each 100% responsible for all of our experiences.

Every thought we think is creating our future.

The point of power is always in the

present moment.

Everyone suffers from self-hatred and guilt.

The bottom line for everyone is “I’m not good enough.”

It’s only a thought, and a thought can be changed.

Resentment, criticism and guilt are the most damaging patterns.

Releasing resentment will dissolve even cancer.

When we really love ourselves, everything in our life works.

We must release the past and forgive everyone.

We must be willing to begin to learn to love ourselves.

We create every so-called illness in our body.

Self-approval and self-acceptance in the now are the key to positive changes.

All is well.

Louise



*Opportunity!*

*Grow Your  
Spirit and Prosperity  
with the*

*Innerfaith Light*

In this new and exciting chance to broaden your reach within both the Innerfaith and the broader communities, you can now place business card sized advertisements in the *Innerfaith Light*, featuring both physical and internet exposure side by side with spiritual insights and more mundane wisdom of the day.

Call Linda at (760) 318-3196!!!

# The Pet Ministry

By Kate Porter



By Kate Porter

I woke today an interesting idea trotting thru my animal loving mind. Perhaps I'd just dreamt and these thoughts were the friendly shadows left behind, but I found myself thinking about how profoundly my pets influence who I am and how I behave.

Of course there are the duties around our life together...the mealtimes and walking them - just little attentions paid daily. But this is deeper, more encompassing...subtle. I realized this morning that I am a better person because of loving these four leggeds. In fact, I think I would like me a lot if I was one of them!

That said, in a spirit of "full disclosure", you need to know that in the outside world, away from the comforts of home and happy, furry faces and frolic, I am not particularly patient. Though friendly by nature, people can sometimes bring out...well, not exactly the best in me. I get irritated (i.e. "cranky") easily with those who don't care about the jobs they do or those who are too critical of the world to be anything but negative and unpleasant. I try to bless them, but that frame of mind takes work - doubtless a sign of one of those life lesson's I am here to learn. :)

At home, my dogs are also, by nature, like me, friendly. So are my cats. No attitude to speak of, not negative or positive, just busy being them selves. And in their company, so am I. So, though I am blessed with some delightful friends, in general I prefer the stress free companionship with my critters.

No, I am not a "crazy cat lady"...(not yet anyway! lol!), but I must be honest and admit that I do prefer the ease of associating with my animal family as

much as possible.

So... my charming, if busy, life here at "Fat Quail Farm" ( named for the several dozen adorable, cooing pot-bellied desert birds that waddle about our yard every morning enjoying the feast of seedlings granted by the lovely, long grasses of the high desert) is true heaven for me. And since much of my life can be fraught with deadlines and demands, this is something in which I take a special relief.

Musing on this reminds me of a dear friend... an extremely talented and driven woman who puts an expectation of excellence upon herself that can too frequently cause her great stress. But when she talks of the "bunnies" that trundle easily across her Palm Desert patio each day, nibbling at the leaves of the wild foliage that grows outside her double glass doors, she instantly relaxes. She smiles easily, obviously charmed by their daily presence. It's clear that these little fur beings bring out her softer side, an important and charming aspect of her best Self. I know these little wild creatures give her a moment to exhale...something that will definitely help her live a longer life and something we all need and deserve.

Now, homework time. I want you, dear InnerFaith family, to think about your life with your pet(s). I want each of you to take the time to ask yourself what kind of person you are because of your cat, dog, bird, fish or whatever critter with whom you share your home. Do they irritate or delight you? Do you find peace in petting or playing with them? Do they keep you company when people are insensitive to your need for companionship? And do you take special care to let them know how much you love them... thereby enriching not only their lives, but yours as well?

I love the phrase, "I try hard to be the person my dog thinks I am." Not a bad idea. It would certainly make the world a nicer place to be, wouldn't it? And it would make finding other animal lovers easier. Just look for the ones with a smile...and then ask them what kind of pet they go home to. It could make finding a good friend easier. In fact, you just might find a "two-legged" worth spending time with! :)

All for now, friends. Pat,pat,pat to all, two leggeds and four, hugs, Kate

"Critter Chitchat" copy. 2007

# 4 Steps to Living Your Vision

By Marsh Engle



Today is an anniversary for me. It's been eight years since my first book was published. And, over ten since I began to investigate what allows one person to continuously achieve spectacular outcomes every day without fail while others experience what appears to be an endless stream of

bumps along their journey to success.

Here's what I've discovered: Success is in the quality of our choice of action!

All of the high achievers I've met and interviewed have one very important thing in common: They each have a practiced system of success and it's one filled with the attitudes, habits, rituals and certainty that serve rather than distract them from their vision.

Here's what else I've discovered: We cannot change what we refuse to see, deny or acknowledge. In other words, it pays big dividends to get real, take pure responsibility and be deeply honest with ourselves. Know what you require in your life and allow these elements to be your continuous point of reference that guides your quality of choice and action.

The pay-off: Your actions are inspired, your enthusiasm high and your results in alignment with your greatest vision!

Are you ready to bring your vision into focus and empower the actions in your life? Begin by experimenting with the 4 Steps to Living Your Vision:

1. INVESTIGATE. Start by taking a look at your current patterns of thought, habits of action and energy depleting attitudes - all of them. If you are like most of us, it's very likely that you've unconsciously practiced many of the same routines day in and day

out your entire life. ; As you become aware of any limiting habits of thinking, choice of language and actions, take note. Acknowledge them. This first step is simply about gaining awareness. No need to judge. Simply notice.

2. DECIDE. As you begin to take notice of your conscious and unconscious actions that have become your way of life, decide which ones tend to deplete your creativity and which are empowering and energizing. The habits and attitudes to hang onto are the ones that propel you forward and serve your highest vision. In many cases, these are the ones that also positively impact the people around you. Disempowering ones are those that steal your sense of connection, joy and fulfillment – these are the ones that stand between you and living your vision.

3. REPLACE. Since every choice ... including our ways of perception ... tend to become routine very rapidly, the best way to eliminate an old disempowering attitude is to replace it with a fresh point of view. Take a look at limiting behaviors and consider a new way of approach. Become innovative. Stretch yourself. Transform. Modify your choices and replace them with vibrant new actions.

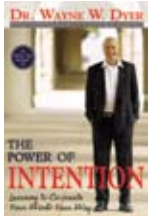
4. PRIORITIZE. Start with small steps. Prioritize the patterns that you want to tackle first. Ask yourself which ones ... when altered ... will have the greatest impact in your life. Then, focus on making small changes in those areas of your life. Remember, what motivates and propels a purpose-full life is your passion and enthusiasm. Break through the barriers of progress one attitude at a time – as you feel ready.

And, most of all, always keep in mind: A vision without action is simply a dream. An action without vision is merely a passing of time. But vision with action can change your life and the world.



# The Power of Intention

By Valarie Griebel, Successful Living



Dr. Wayne Dyer, affectionately known as the “father of motivation” by his fans, sits back in his chair, props his bare feet up on the coffee table and shares his unique take on the Law of Attraction. His inviting smile, reassuring blue eyes and relaxed demeanor reflect the warm and loving energy he speaks of so frequently to others.

Dyer has another term for the concept behind the Law of Attraction. He calls it the Power of Intention. His philosophy is pure and simple, “The law of attraction is this: You don’t attract what you want. You attract what you are.”

“Most people’s mistake in trying to apply the law of attraction is they want things; they demand things. But God doesn’t work that way,” continues Dyer. “It’s all about allowing.”

Dyer refers to the Tao Te Ching, written by Lao Tzu. “He says in there, 2,500 years ago, if you live from these virtues, then all that you could ever need or want could be provided for you.” Dyer excitedly retrieves his personal copy of the book, leans forward and reads the words that touch him so deeply. He explains how virtue is a very important concept in the Law of Attraction.

“This is called the Hua Hu Ching, written by Lao Tzu. It’s the unknown teachings of Lao Tzu. Number 51 says, ‘Those who want to know the truth of the universe should practice the four cardinal virtues. The first is reverence for all of life. This manifests as unconditional love and respect for oneself and all other beings. The second is natural sincerity. This manifests as honesty, simplicity and faithfulness. The third is gentleness, which manifests as kindness, consideration for others and sensitivity to spiritual truth. The fourth is supportiveness. This manifests as service to others without expectation of reward.’”

“All great spiritual masters are teaching what we’re talking about,” says Dyer. “They’re teaching forgiveness. They’re teaching kindness. They’re teaching love. They’re not teaching wanting. They’re not teaching greed.”

So the notion of seeking what you want, or think you need, is not what the Power of Intention is all about. “The ego’s mantra is ‘What’s in it for me? How can I get more?’

I want a BMW in my driveway next Thursday,’” he explains. “All of that is what most spiritual teachers call the false self—the ego.”

According to Dyer, the process of allowing, just being and embracing this heightened level of consciousness, goes back not to attracting what you want, but attracting what you are.

“You have to just be. You have to let go. You have to allow. You have to be free and make this your consciousness.” He continues, “Basically, what you would see is a frequency (of energy) that manifests itself through the process of giving, of allowing, of offering and of serving. It asks nothing back.”

Dyer illustrates the concept of giving without expectations by quoting the great poet Hafiz: “Even after all this time, the sun never says to the earth ‘you owe me.’”

Excitement and energy permeate the room as Dyer finishes his thought, “Just think of what a love like that can do. It lights up the whole world.”

Dr. Wayne Dyer is an internationally renowned author and speaker in the field of self-improvement. He has written more than 30 books—many of which were featured as National Public Television specials—created numerous audio and video programs, and appeared on thousands of television and radio shows.

His new movie, *The Shift*, is available at [HayHouse.com](http://HayHouse.com).

Dr. Dyer’s own story of personal triumph and spiritual awakening will be featured in the next issue of *Successful Living Magazine*.

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# **Trent - From NEW YORK!**



*Hello love,*

*Thanks for your beautiful message. Life sure works in mysterious ways. I want to share with you how this happened. I was LITERALLY at my wits end.....i helped my uncle transition to another plane and was at a VERY low point as you know, nothing SEEMED to be working in my life. Key word SEEMED. I said "OK GOD...If you want me to do your work, you MUST MUST MUST show up for me- I can't do this much longer". The next day something happened.*

*BACKGROUND: I had sent an email to my old managers from my corporate days a week before heading to the east coast for the summer telling them I was coming and would love to talk with them about the possibility of getting into the consulting world. NOTE: (Being proactive DOES work. Surrendering doesn't mean sitting on your ass and doing nothing)*

*After \*demanding\* GOD for help, 2 hours later I received a call from a former manager and she said, verbatim, "Trent, I don't believe in GOD, but if I did, I know he sent you to me- I need what you have!" WOW! She said she needed me and would I come to NYC for a couple months to help them out. HELLO!*

*Long story short, I came, loved the company and the people and a position opened up for me. This is the PERFECT match for me, combining my busi-*

*ness experience with my coaching. I am doing what I have been all along- doing GODS work- but they have NO clue that I am doing it :-)*

*Do I want to be in NYC long term NO, but I am showing up and doing what I need to do. GOD is providing for me and I am surrendering to the present moment. This opportunity CLEARLY is a gift. After all, I get a clothing allowance :-)*

*I am SO grateful for having the FAITH to keep on showing up in the dark times. During those times, I realized what was important. I prioritized things. I took inventory of my core beliefs. The biggest one I had to face- my worthiness doesn't come from my thriving practice or my perfect credit score. With those old beliefs behind me, I am FREE! What a gift.*

*You and our wonderful congregation witnessed during the dark times I kept showing up. I KNEW everything was happening FOR me. Was it easy, NO. But I kept showing up and kept taking action WHILE I was surrendering. I am SOO grateful for the experience, albeit painful, because I can, WITHOUT A DOUBT, share the power of surrender and BELIEVE it. Surrendering is ALL there is- everything else is futile.*

*I love and adore you and am SO thankful for your love, support and mentoring. Your light shines SO bright.*

*Thank you. Thank you. Thank you!*

*PLEASE know I am here for you. You have a HEAVY weight on your shoulders with what you have created. I am here to listen, guide or advise you, without judgment! I have often wanted to share some deep insights, but didn't know if it was the right time. If ever you would like to hear them, I would love to share. If I could be for you, what you have been for me, I would be honored.*

*With love and the highest esteem, love.*

*Reverend Trent William Blanchard, M.A. :-)* xoxo

# This Way of Life

By Mike Burger

There is an old saying, "Hindsight is 20/20." I cannot tell you how many times I have said that to myself through the years. Another phrase that I muttered quite often was "I should have \_\_\_\_\_", the blank can be filled in with many things. Like many people I thought my life was just a bit of flotsam on a sea of trouble, at the whim of whatever God had in store for me. I thought negativity was satirical and funny. I took so many things personally. I had a small voice within me but tended to ignore it so I could "fit in", not be conspicuous, thus attempting to get ahead in life by doing what the masses were doing and what other people thought I should be doing.

But no more! After starting the Science of Mastery classes and hearing the Sunday messages at Innerfaith Ministries I realized I needed to listen to that still small voice within me. The first time I heard "Trained thought is more powerful than untrained thought", as Ernest Holmes stated, I wasn't quite sure what that meant. With the first step of Science of Mastery One, I learned what I needed to do to train my thought and how that was going to reshape my life so I could be more aware and awake. I began to study several of the books on Religious Science and other metaphysical publications. I was filled a sense of renewal. I gained enthusiasm and excitement for learning more of what I can do to improve and really LIVE my sacred Life that had been so graciously given to me.

Now I can say I am in this way of Life to be of sacred service to anyone who comes within my energy field. That sacred service might be anything from a smile to helping someone through an experience they are having. It is interesting to learn how something I can do or say can affect a happening in my life or someone else's life, be it positively or negatively. I am grateful to now know that trained thought is much more effective than untrained thought. It is interesting to phrase things in a different way so that when it goes out into the universe I know it is going to be returned with positive results. It is an interesting challenge to do that and break old habits that have come with race consciousness. It is also very interesting to observe other people, not as enlightened as myself, go on and on with negativity all around them and see just how their lives compare to mine. I AM moving up the spiral each day.

Since I have started on this path of my spiritual journey I have experienced an inner Peace and strength that was kept quiet. I AM more aware and conscious of my surroundings and the people with whom I come into contact. I know that I AM all the things I AM suppose to be and it is up to me to live to my full potential. The more I have learned about his

way of life, the more I realize I don't know. It is a method by which I can make a difference in my life and the whole planet by training my mind to think in a positive and constructive way.

I AM on this upward spiral, excited about all the possibilities and potential of a life of Peace, Joy, Health, Wealth, and Wisdom, that I only want to continue to move on up. This is a gift from God to all of us and I AM grateful to have been able to open my gift and discover the glorious abundance available to me. Now that I listen to that still small voice my present-sight is 20/20 and don't worry about my hindsight.



## The Peace Ministers

Our world is in a powerful time of change. There are many questions and issues arising, from the personal to the global. These issues are asking for solutions and new directions to be found to assist us as Human beings to live in harmony with ourselves, with each other and with our world. The Peace Ministers of this Community are dedicated, each into their own way, to assist these new directions, offering their skills and gifts to assist in this time of cultural and human evolution.

### The Global Peace Ministers Directory

The Peace Ministers Directory is a world wide directory based out of the USA. It includes the names, locations, e-mail addresses, web sites and Ministry information of the Peace Ministers who have graduated from the Seminary of Spiritual Peace-Making.

To find a Peace Minister in your area, view their information and related web sites: <http://www.belovedworld.org/dir.html>.

# *Your Astrologer*

The most powerful new and full moons to affect your horoscope in any given year come in the form of solar and lunar eclipses. Even so, we can not ignore the other New and Full moons that occur each month. They are extremely helpful in clearing away issues that seem to create a maze affect in our lives. Have you noticed that there are issues in your life that seem to follow a pattern and no matter how hard you try, these issues are hard to overcome? That's where the New and Full Moon can help you understand the changing patterns in your life.

Each month we have a New Moon followed about 14 days later by a Full Moon. When a New Moon occurs, it's the time to begin new projects, initiate contracts, make important phone calls, write up a proposal and do anything that requires a starting point. When the moon reaches its fullness two weeks later, this is the time your efforts will bear fruit and come to completion.

In your horoscope, a New Moon in any area of your life urges you to focus on issues that require your input. If you are born within 5 days on either side of the DATE (in your sign) of the new moon you can expect to be more strongly affected, whereas if you are born further out, you may only see a small development in that area.

As an example, if you have a new moon in your horoscope that affects your 4th house of home and property and it happens to occur within 5 days of your birth date, you should expect a new development in your home. Perhaps you get the approval for mortgage financing and start looking for a new house. That would be a very exciting development! Those that are born further out may find themselves making a needed repair in the home that they have been putting off. The New Moon will get you started and support your efforts in whatever it is you are doing.

Recently my sister told me that she didn't know what had gotten into her; she just decided it was time to scrape the old calk off of her bathtubs and re-calk. She also cleaned the shower doors better than she ever had before, and had the bathrooms in her house looking like brand new. At the same time she started taking some new whole food supplements and had her family watching their diets and eating healthier foods. She was unaware that she was working with the energy of a New Moon in her 6th house

of health and daily routines affecting her personal horoscope.

The effects of a New Moon are shown in outward changes whereas the effects of a Full Moon are more emotional and directed inward.

At the time of a Full Moon, you should expect a culmination of events to occur within 4 to 5 days of its occurrence. Full moons close chapters and often bring a sense of finality to your life. You can't have a fresh start without closure in other areas; otherwise we get bombarded with issues that never end and our lives collect so much clutter that it becomes chaotic. As with a new moon, those born within 5 days on either side of the DATE of the Full Moon will experience a more marked influence.

Going back to my 4th house of home and property example, perhaps it's a full moon that occurs in your 4th house. The closing date on your new home is scheduled around the time of the full moon! If you're not buying a home, perhaps a roommate is moving out and you'll miss their company, therefore you're a bit saddened to see them go. If there are planets in your 5th house of children during this time, your child might be moving out and going off to college. Again, there are several ways a full moon could work out and these are only a few examples.

The energy of any Full Moon may cause you to react emotionally. Any of the above examples may leave you anxious or even upset in some way. The moon governs the ebb and flow of the tides and as human beings are 90% water, it's natural that the moon would govern our emotions and influence our personalities. Feelings tend to become more overwhelming during a full moon, no matter which sign or house is affected in your birth chart.

The Full Moon in opposition to the Sun often results in challenges. These challenges can strengthen our resolve and with effort can be overcome. Nevertheless, it can cause stress. The energy of the Full Moon frequently affects its opposite house or house polarity. For example, if you have a full moon in your 4th house of home and property, the energy could also affect the opposite house which is the 10th house of career and status. This is extremely important to note. It is recommended that you let a few days go by after a full moon before you make any life changing decisions. Often we don't have all of the information we need to react appropriately. Stay with [horoscopeswithin.com](http://horoscopeswithin.com) for current information on this year's new and full moons.

Cornelia Jones, AMAFA

*Deborah King -*

*"Truth Heals" -*

*"What you hide can hurt you"*



A fascinating read--a combination of juicy personal memoir, fun celebrity examples, and solid information that connects the dots between your emotions and your health and happiness. It answers the question, how can the truth change your life and probes the powerful impact of the naked unadulterated truth on the emotional and physical issues you encounter every day. Truth Heals will show you where the truth lies inside you and how to access it; connect any physical problem you are having to the appropriate energy behind it so it can be released and healed; and give you an understanding of why it's so important to acknowledge and release any hidden pain. It's a quick, easy read, and packed with helpful tools to make your life better.

Order your copy today and enter to win 2 tickets to the I Can Do It! Tampa plus other amazing prizes. In addition, everyone receives gifts from Louise Hay, Wayne Dyer, Caroline Myss, and more.



**OUR THANKS TO:**

Ministerial Team Background Photo: By Axel Rouvin

*And all of our wonderful contributors!!*

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